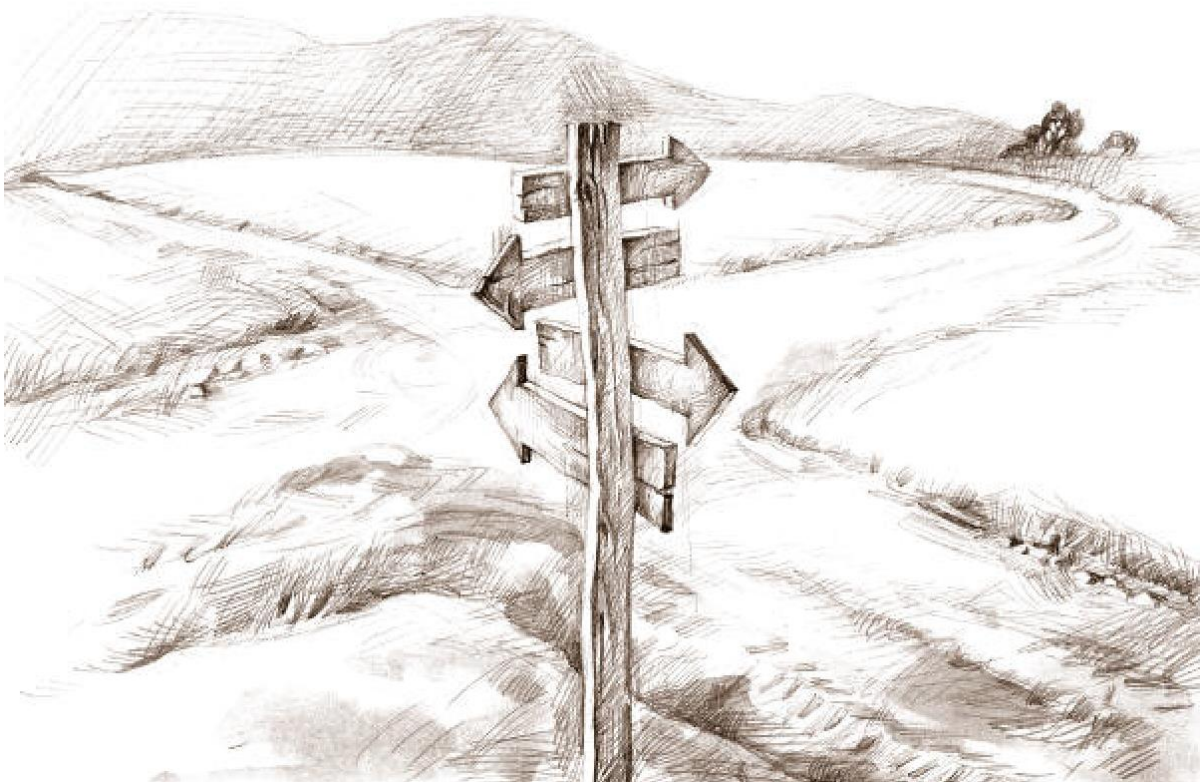


**A
Guide to
Community Resources
for Children and Families**



**Burke County
and Surrounding Areas**

Revised Oct 2022 – The Enola Group
Revised Dec 2016 – WPCC Intro to Human Services student
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Contents are hyperlinked. Click on the heading to view the listing quickly.

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Disclaimer: *This list is provided for informational purposes only and is not all-inclusive. It does not guarantee services will be provided to you by the agencies listed. Please ask for eligibility criteria when you call. This list is not guaranteed to be up to date. Regularly updated online databases for Burke County services can be found by visiting the following websites: <https://www.findhelp.org/> and <https://www.211.org/>*

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CRISIS RESOURCES

2–1–1 United Way Help Line for Health & Human Services Resources

Website: <https://www.211.org>

FOR RESOURCE CRISIS ASSISTANCE CALL or TEXT 2–1–1

Services: Caring, local experts are available to provide 24/7 help accessing the best local resources and services to address any need. Most calls, web chats, and text messages are from people looking for help meeting basic needs like housing, food, transportation, and health care.

9–1–1 Burke County Emergency Services

FOR FIRE, MEDICAL or POLICE EMERGENCIES CALL or TEXT 9–1–1

Address: 650 Kirksey Drive, Morganton, NC 28655

Phone: (828) 437-1911 Website: <https://www.burkenc.org/1159/Emergency-Communications---911>

9–8–8 National Suicide Prevention Lifeline

FOR SUICIDE CRISIS CALL or TEXT 9–8–8

Website: <https://988lifeline.org/>

Services: Free and confidential emotional support to people in suicidal crisis or emotional distress 24 hours a day, 7 days a week. A crisis worker will listen to the caller and offer information about mental health services in the caller's local area. The previous Lifeline phone number (1-800-273-8255) will continue to function indefinitely. THE CALL IS CONFIDENTIAL AND FREE.

American Red Cross

Phone: 1-800-RED-CROSS (733-2767)

Website: <http://www.redcross.org/local/north-carolina/western-north-carolina>

Services: Offers 24-hour disaster and military family emergency service, aid to victims of fire and other disasters, blood donation collections, health classes (CPR, First Aid, and Lifeguard), and disaster preparedness education.

Childhelp National Child Abuse Hotline

Phone or Text: 1-800-422-4453 Website: <http://www.childhelp.org>

Services: Dedicated to the prevention of child abuse, the hotline is staffed 24 hours a day, 7 days a week with professional crisis counselors who, through interpreters, provide assistance in over 170 languages. The hotline offers crisis intervention, information, and referrals to thousands of emergency, social service, and support resources. All contacts are confidential.

Hope4NC Helpline

Phone: 1-855-587-3463

Website: <https://www.ncdhs.gov/divisions/mental-health-developmental-disabilities-and-substance-abuse/hope4nc/hope4nc-helpline>

Services: Connects North Carolinians with emotional support and mental health resources to help build coping skills and resilience during times of crisis. The helpline is available free of charge to everyone in NC's 100 counties.

Mobile Crisis Management/MORES (Mobile Outreach, Response, Engagement, and Stabilization)

Phone: (828) 695-2511

Website: <https://www.cvhnc.org/brain-mental-health-services/mobile-crisis-management/>

Services: A service of Catawba Valley Healthcare. Anyone in Catawba or Burke County can call the service if they are experiencing or observing a disturbing or unsafe situation in which an individual is identified as being in crisis and in need of an immediate mental health, brain illness, or substance use evaluation; does not have adequate support or skills to manage the crisis; or is unwilling to participate in an evaluation and there are safety concerns. MORES is an intervention within the Mobile Crisis Management Program for children and adolescents ages 5 to 21 experiencing escalating emotional or behavioral needs.

National Domestic Violence Hotline

Phone: 1-800-799-SAFE (7233) TTY: 1-800-787-3224 Text: Text "START" to 88788

Website: <http://www.thehotline.org>

Services: Highly trained, expert advocates are available 24/7 to talk confidentially with anyone experiencing domestic violence, seeking resources or information, or questioning unhealthy aspects of their relationship. Free, confidential, compassionate support, crisis intervention information, education, and referral services are offered in over 200 languages.

National Human Trafficking Hotline

Phone: 1-888-373-7888 TTY: 711 Text: "BEFREE" or "HELP" to 233733

Chat/Website: <https://humantraffickinghotline.org/>

Referral Directory: <https://humantraffickinghotline.org/training-resources/referral-directory>

Services: This confidential, 24/7/365 hotline connects victims and survivors of sex and labor trafficking with services and supports to get help and stay safe while supporting victims' right to choose the next steps. It also receives tips about potential situations of sex and labor trafficking and facilitates reporting that information to the appropriate authorities in certain cases.

National Runaway Safeline

Phone Toll Free: 1-800-RUNAWAY (1-800-786-2929) Website: <http://www.1800runaway.org>

Services: *Available 24/7/365* – The mission of NRS is to keep America's runaway, homeless, and at-risk youth safe and off the streets. Offering a trusted, compassionate, non-judgmental person who will listen and help to create a plan to address concerns of youth/teens and parents, the program provides referrals to local resources.

National Sexual Assault Telephone Hotline

Phone: 1-800-656-HOPE (4673) Website: <https://www.rainn.org/about-rainn>

Confidential Online Chat: <https://hotline.rainn.org/online> En Español: <https://www.rainn.org/es/>

Services: The National Sexual Assault Hotline is operated by RAINN (Rape, Abuse & Incest National Network) to offer confidential and safe telephone and online chat support to victims of sexual assault. Trained support specialists are available 24/7/365 for those looking for support, information, advice, or a referral.

NC Poison Control

Phone: 1-800-222-1222 Website: <https://www.ncpoisoncontrol.org/>

Services: We are a not-for-profit telephone and chat resource for poisoning information, staffed 24 hours a day, 7 days a week. Registered nurses and pharmacists (Specialists in Poison Information) are uniquely trained to provide treatment advice to both the public and healthcare providers. Board-certified medical toxicologists and pharmacists provide backup for the specialists and are available for consultations 24 hours a day. All our services are given at no charge to the caller or chatter.

Option Line

Phone/Text: 1-800-712-4357 Website: <http://www.optionline.org/>

Services: Unplanned pregnancy support by phone, text, or online chat. Free, confidential help, information about pregnancy signs and symptoms, information on all your options, and connection to local assistance.

Veterans Crisis Line

Phone: Dial 988 then Press 1 Text: 838255 Website: <https://www.veteranscrisisline.net>

Services: Connects Veterans in crisis and their families and friends talk with qualified, caring Department of Veterans Affairs responders through a confidential toll-free hotline, online chat, or text. Veterans and their loved ones can dial 988 and Press 1, chat online, or send a text message to 838255 to receive confidential support 24 hours a day, 7 days a week, 365 days a year. Support for deaf and hard of hearing individuals is available.

COMMUNITY RESOURCES

A Caring Alternative

Address: 301 E Meeting St Morganton NC 28655

Phone: (828) 437-3000 Website: <http://www.caringalternative.com>

Services: Provides psychological and psychiatric assessments; Comprehensive Clinical Assessments; individual and group outpatient therapy for adults, children, and families; intensive in-home services; behavior management consultation; medication management; Day Treatment Services; therapeutic and family foster care; Assertive Community Treatment Team for adults with chronic mental health conditions; Community Support Team for adults; and CAP I/DD (Community Alternatives Program for people with intellectual and developmental disabilities) Specialized Consultative Services.

Affordable Connectivity Program

Website: <https://www.affordableconnectivity.gov/>

Services: A US government program run by the Federal Communications Commission (FCC) program to help low-income households pay for internet service and connected devices like a laptop or tablet. Visit website for eligibility criteria and benefits.

Alcoholics Anonymous—Area 51 District 12

Phone: District Hotlines English: 1-877-960-4785 Spanish: (828) 291-8465

Website: <https://aanorthcarolina.org/>

Services: District 12 serves the counties of Catawba, Caldwell, and Burke. A list of area meetings and locations can be found on the website.

Alexander Youth Network

Address: 6220 Thermal Road, Charlotte NC 28211

Phone: 1-855-362-8470 Website: <http://www.alexanderyouthnetwork.org>

Services: Provides a comprehensive array of services developed to treat children with or at risk for serious emotional disturbance. Services include diagnostic assessment; outpatient therapy; therapeutic, specialized, and intensive foster care; multi-dimensional treatment foster care; and intensive in-home services.

ALFA (AIDS Leadership Foothills Area Alliance, Inc.)

Address: 1120 Fairgrove Church Road SE Suite 28, Hickory, NC 28602

Phone: (828) 322-1447 Website: <http://www.alfainfo.org>

Services: Educates community about HIV/AIDS and related issues. Assists in AIDS prevention efforts. Offers clean injecting supplies and a place to dispose of used needles and syringes. Offers overdose reversal kits. Offers testing for sexually transmitted infections, HIV, and Hepatitis C. Offers safe sex supplies, including condoms and PrEP services. Offers case management and information and referrals to other community resources. All services are free of charge.

ALFA @ Steve's Place

Address: 211 NC HWY 127 S, Hickory, NC 28602 Phone: (828) 999-8367

Services: Condom Distribution, Prep Services, STI Testing, Syringe Exchange, Hep C treatment & Testing.

ALFA @ the Burke Mission Station

Address: 305-B W Union Street, Morganton, NC 28665 Phone: (828) 999-7770

Services: Prevention services include HIV/HEPC/STI testing, condoms, Harm Reduction supplies, links to community resources. All services are free of charge.

AMOREM, formerly Burke Hospice and Palliative Care & Caldwell Hospice and Palliative Care

Address: 1721 Enon Road, Valdese, NC 28690

Phone: (828) 754-0101 Website: www.amoremsupport.org

Services: AMOREM is the result of the 2021 merger of two like-minded, respected, and well-established North Carolina organizations—Burke Hospice and Palliative Care and Caldwell Hospice and Palliative Care—to maintain the legacy of

AMOREM, continued

community-based hospice care. As a non-profit, AMOREM offers a host of life-affirming services such as music and pet therapy, Veterans programs, counseling and community grief support and education. AMOREM provides this care to anyone who needs it, regardless of ability to pay. As AMOREM, we offer our communities more quality, more compassion, and more support.

Archway Counseling – Substance abuse

Address: 222 West Union Street, Morganton, NC 28655

Phone: (828) 475-1804 Website: <https://ncmario33.wixsite.com/archwaycounseling>

Services: Provides substance abuse assessments and individual, group, and family counseling for adults and adolescents; accepts Medicaid and most insurance plans. Archway is credentialed to provide specialized assessments for DOT and DMV related matters such as DWI charges. Archway Counseling is available to provide community education related to substance abuse issues.

Arrowood Counseling and Consulting, Inc.

Address: 404 West Fleming Drive, Suite C, (Tannery Square), Morganton, NC 28655

Phone: (828) 437-7009 Website: <https://www.facebook.com/Susanarrowoodcounselor>

Services: Specializes in child, adolescent, and family therapy, and blended family issues. Referrals to a Child Psychiatrist for medical evaluations can be arranged as needed. Saturday and evening appointments available.

Assurance Wireless–NC Lifeline Program

Phone Toll Free: 1-888-321-5880 Website: <http://www.assurancewireless.com>

Services: FREE wireless phone, 350 FREE minutes with unlimited free texts each month within a nationwide coverage area if you participate in any of the following: Medicaid, SNAP (formerly Food Stamps), SSI, Temporary Assistance for Needy Families (TANF), Section 8 housing, Low Income Energy Assistance Program, National School Lunch Program's Free Lunch Program; OR, your household income is at or below the eligibility guidelines.

BEGINNINGS for Parents of Children Who Are Deaf or Hard of Hearing, Inc.

Address: 156 Wind Chime Court, Suite A, Raleigh, NC 27615

Phone: (919) 715-4092 V/TTY Toll Free: 1-800-541-4327 V/TTY (in NC only)

Website: <http://www.ncbegin.org>

Services: Offers free information, support, and advocacy for families who have children with hearing loss, ages birth to 22 years of age.

Big Brothers Big Sisters of Western North Carolina

Address: PO Box 663 Morganton NC 28680

Phone: (828) 502-9366 Website: <http://www.bbbswnc.org/big-brothers-big-sisters-burke-county>

Services: Serves children ages 6-14 (once enrolled can be served until 18), primarily from single-parent families who need an adult friend and/or role model. There are no fees for the service. Both the parent and the child must want a mentor and have a say in the match between child and mentor. Community-based mentors are age 18 or older with transportation; they commit to spending quality one-to-one time with their "Little" twice a month, for a minimum of one year. School-based mentors are aged 16 or older with transportation and commit to going to the student's school for one hour each week during the school day.

Blue Ridge Community Action, Inc.

Address: 800 North Green Street, Morganton, NC 28655

Phone: (828) 438-6255 Website: <http://www.brcainc.org>

Services: Programs include adult day care, childcare, Head Start (ages 3-5), Early Head Start (Birth-3), NC Pre-K, VITA tax assistance, AmeriCorp Seniors Foster Grandparent Program, information and referral, rental units, self-sufficiency case management, and weatherization.

Burke County – (Government Center)

Address: 200 Avery Avenue, Morganton, NC 28680

Phone: (828) 764-9000 Website: <http://www.burkenc.org>

Services: Burke County, North Carolina government – departments – general information

Burke County 4-H – (North Carolina Cooperative Extension Burke County)

Address: 130 Ammons Drive, Suite 2, Morganton, NC 28655

Phone: (828) 764-9480 Website: <https://burke.ces.ncsu.edu/site-burke-4-h-forms-and-information/>

Services: Through 4-H, young people in North Carolina and Burke County learn new skills and serve their communities each year. Burke County 4-H offers boys and girls ages 5-19 opportunities to be involved in clubs, special interest programs, summer camps, and school enrichment. Guided by North Carolina Cooperative Extension Agents and adult and teen volunteers, 4-H'ers gain knowledge, skills and experience that help them become responsible citizens and leaders.

Burke County Care Coordination for Children (CC4C)

Address: 700 East Parker Road, Morganton, NC 28655

Phone: (828) 764-9150 Website: (See below)

<http://www.burkenc.org/departments/health-department/care-coordination-for-children-cc4c>

Services: Care Coordination for Children (CC4C) is an at-risk population management program that serves children from birth to 5 years of age who meet certain risk criteria. Services provided by CC4C care managers are tailored to patient needs and risk stratification guidelines. A comprehensive health assessment, including the Life Skills Progression, assists the care manager in identifying a child's needs, plan of care and frequency of contacts required. Contacts occur in medical homes, hospitals, in the community and in children's homes.

Burke County Children's Advocacy Center – (The Gingerbread House)

Address: 503 South Green Street, Morganton, NC 28655

Phone: (828) 430-9949 Website: <https://www.burkecac.org/>

Services: Forensic interviewing, forensic medical examinations, mental health counseling services, and multi-disciplinary team and case review. Referrals must come from the Department of Social Services or law enforcement.

Burke County Department of Social Services

Address: 700 East Parker Road, Morganton, NC 28655

Phone: (828) 764-9600 Website: <https://www.burkenc.org/1217/Social-Services>

Services: Work First, SNAP (formerly Food Stamps), Medicaid, Emergency and General Assistance, Child Protective Services, Child Day Care subsidy, Child Support Enforcement, Foster Care, Foster Home Licensing, Adoption, CAP/DA, and Adult Protective Services.

Burke County Exceptional Children Preschool Services – Burke County Public Schools

Address: 700 E Parker Road Morganton NC 28655

Phone: (828) 439-4312 Website: (See below)

[https://www.burke.k12.nc.us/departments/birth to 5 years old/b c e c preschool services](https://www.burke.k12.nc.us/departments/birth%20to%205%20years%20old/b%20c%20e%20c%20preschool%20services)

Services: Preschool Specialty Services is an early intervention program serving preschool age children. Preschool services may include early education, speech and language therapy, occupational therapy, and physical therapy aimed to meet the individual needs of children who are deemed eligible for services through comprehensive evaluations.

Burke County Health Department

Address: 700 East Parker Road, (Human Resource Center), Morganton, NC 28655

Phone: (828) 764-9150 Website: <https://www.burkenc.org/1221/Health-Department>

Services: Includes General Immunization Clinic, Family Planning Clinic, Pregnancy Testing, Maternity Clinic, HIV Testing, Testing and Treatment for other Sexually Transmitted Diseases, Pregnancy Medical Home (PMH) Program, WIC (Women,

Burke County Health Department, continued

Infants and Children), Obstetrics Care Management (OBCM), Health Education Programs, Communicable Disease Management, Care Coordination for Children (CC4C), and Community Preparedness. Environmental services include restaurant inspection, on-site private water and sewage systems, and other regulatory functions.

Burke Health Network

Address: 301 East Meeting Street, Suite 102, Morganton, NC 28655

Phone: (828) 334-6159

Services: Burke Health Network assists patients who live in Burke County and are under the 200% poverty level who are uninsured and unable to obtain health care. Once enrolled in the network, patients can choose from a variety of healthcare providers in Burke County. Burke Health Network also assists patients in receiving needed medication, diagnosis imaging, labs, and specialty care through a partnership with UNC Blue Ridge. Burke Health Network also provides case management services as needed. Hours: Monday-Friday 8am-5pm, closed for lunch 12pm-1pm.

Burke County Literacy Council

Address: 200 N King Street Morganton NC 28655

Phone: (828) 437-7477 Website: <http://www.burkeliteracy.org>

Services: Provides free and confidential tutoring to teach Burke County citizens to read and/or improve their literacy skills. Recruits and trains volunteer tutors, provides books and a place to study. Project Flower helps immigrants learn to read, write, and speak English – transportation is provided and childcare for age's birth to 5 years is available for Project Flower participants. Project Citizenship helps immigrants prepare for and pass the Immigration and Naturalization (INS) examination. Mother Read / Father Read program teaches the "why" and "how" of reading.

Burke County Public Library

Addresses: 204 S. King Street, Morganton, NC 28655

Phone: (828) 764-9260

213 St. Germain Avenue SE, Valdese, NC 28690

Phone: (828) 874-2421

101B Main Avenue West, Hildebran, NC 28637

Phone: (828) 764-9283

Website: <http://www.bcpls.org/index.php>

Services: Offers library loans, internet access, and programing for children, young adults, and adults. The mission is to develop readers, communities, and cultural awareness by providing informational, educational, and creative opportunities. See the website for hours of operation.

Burke County Public Schools EL (English Learners) Department

Address: 509 W Concord St, Morganton, NC 28655

Phone: (828) 438-2941 Website: https://www.burke.k12.nc.us/departments/english_language_learners

Services: Provides translation and interpreting services for parent-teacher conferences and/or meetings with parents. May refer community agencies to interpreter resources for communication with non-English speaking families.

Burke County United Way

Address: 121 West Union Street, Morganton, NC 28655

Phone: (828) 433-0681 Website: <https://www.bcuw.org/>

Services: Removing barriers and improving access to self-sufficiency through financial education programs and coaching; negating homelessness by addressing our homeless populations' needs through collaboration with community partners; and fostering opportunities and success for youth through programs that support early learning and family engagement. Burke County United Way focuses on root causes, builds strategic partnerships, and mobilizes the community, to build a stronger Burke County.

Burke Narcotics Task Force

Address: 150 Government Drive, Morganton, NC 28655

Phone: (828) 438-5500 Website: <http://www.burkesheriff.org/ntf.htm>

Burke Narcotics Task Force, continued

Services: Investigates reports of alleged illegal drug activity in the community.

Burke Recovery

Address: 203 White Street, Morganton, NC 28655

Phone: (828) 433-1221 Website: <http://www.burkerecovery.com>

Services: Burke Recovery offers a continuum of care for substance use from prevention (through the provision of community and school-based education) to intervention (through the provision of SciP, an educational program for students who violate the drug-free policy at school or who are referred) to treatment (Comprehensive Clinical Assessments [CCAs]; outpatient treatment for both adults and adolescents) to recovery (transitional services through the HARBOUR program designed to ensure individuals are able to continue on the path of recovery. The agency also provides harm reduction tools to include Narcan (as well as Narcan training) and medication lockboxes.

Burke Substance Abuse Network (BSAN)

Address: c/o Burke Recovery, 203 White Street, Morganton, NC 28655

Phone: (828) 433-1221 Website: www.joinbsan.com

Services: BSAN is a community coalition of over 100 active members representing over 80 community agencies from across the region. The action-based coalition is focused on the promotion of substance use education and awareness as well as the development and implementation of solution programs designed to address social determinants of health as well as promote recovery. Programs/initiatives such as Burke County Recovery Court, HARBOUR and Drug-Free Burke all originated from BSAN efforts. The Drug-Free Burke team serves as the coalition staff and they deliver community presentations and outreach including distribution events (Lock Your Meds, Narcan, etc.), Purple Elephant Program, Secrets Revealed Touring Simulation, Wasted educational program, Age Matters Parent Education program and more.

Burke United Christian Ministries (Burke Mission Station)

Address: 305-B West Union Street, Morganton, NC 28655

Phone: (828) 433-8075 Website: <http://www.bucm.net>

Services: Provides a community soup kitchen Monday-Friday 11:00am-12:30pm and Saturday 9:30am-11:00pm. The mission is to demonstrate the love of Christ through hunger relief, clothing, and crisis assistance. BUCM is open to the public Monday, Tuesday, Thursday and Friday 9:00 am-noon; 12:30 pm-4:00 pm and on Wednesday 9:00 am-noon.

Caldwell House (The)

Address: 951 Kenham Place SW, Lenoir, NC 28645

Phone: (828) 754-5148 Website: <http://www.thecaldwellhouse.com>

Services: Provides a safe place for 26 recovering alcoholics/addicts; serves as a 24-hour hotline information center for families with substance abuse problems; provides information, guidance, and direction for those who might need detox, treatment or 12-step meetings; provides programs to the schools, churches, and civic organizations. The House accepts only male persons who have completed at least 4 weeks of in-patient substance abuse treatment and at least a 4-month commitment from residents as well as active involvement in the implementation of aftercare plans and employment. They must be employed and pay \$540.00 at admission.

CareerOneStop – (US Department of Labor)

Phone: 1-877-US2-JOBS (1-877-872-5627) TTY: 1-877-889-5627

Website: <http://www.careeronestop.org>

Services: CareerOneStop is the flagship career, training, and job search website for the U.S. Department of Labor. The website serves job seekers, businesses, students, and career advisors with a variety of free online tools, information, and resources.

Catawba Valley Community College Dental Hygiene Clinic

Address: 2550 US Hwy 70 SE, Hickory, NC 28602

Phone: (828) 624-5258

Website: <https://cvcc.edu/academic-resources/programs/health-services/dental-hygiene/>

Services: Clinic information found on website under Patient Information tab of Program Information section. Offers dental screenings and cleaning, sealants, fluoride treatments, exams of the mouth, head and neck region, and x-rays by appointment only. Fee schedule available on website. Accepts cash or checks only for payment; does not file insurance claims but provides receipts for patients to file claims. Missed appointments are rescheduled at the discretion of the clinic.

Catawba Valley Healthcare

Mobile Crisis: (828) 695-2511 Website: <http://www.cvbh.org>

Hickory Clinic: Address: 327 1st Avenue NW, Hickory, NC 28601 Phone: (828) 695-5900

Morganton Clinic Address: 301 E Meeting St, Suite 104, Morganton, NC 28655 Phone: (828) 624-1900

Services: Emphasizes whole-person treatment that integrates primary care and behavioral healthcare. Provides adult and child primary care and mental health services which include outpatient therapy, psychiatric treatment, peer support, mobile crisis management, residential services, psychosocial rehabilitation, independent living, skills training, and intensive team-based specialized case management and treatment. Serves uninsured, underinsured people who may face barriers receiving treatment elsewhere.

Centro Latino

Address: 2259 12th Ave NE, Hickory NC 28601

Phone: (828) 330-0477 Immigration Services: (828) 320-9835

Website: <http://www.centrolatinohickory.com>

Services: Provides a Christian response to the needs of Latinos in Catawba Valley, closing the cultural gap between Spanish and non-Spanish speakers through advocacy, service, and training. Programs include Client Services (referrals), Food Pantry, Immigration Services, and Abriendo Puertas after-school program for K-5th grade students.

Child Care Connections

Address: 304 W Union Street, Morganton, NC 28655

Phone: (828) 439-2328 Website: <http://www.childcareconnectionsburke.weebly.com>

Services: Provides parents information on quality childcare, current licensing standards, information about assistance in paying for childcare, and information about community resources to help meet their needs. For childcare professionals, we offer information and technical assistance with increasing star-rated licenses, technical assistance with areas of need, and professional development opportunities. In addition, we are a Child and Adult Care Food Program sponsor for family childcare homes. Child Care Connections serves the community with information relating to families, children, and childcare, sponsors and participates in community events and activities related to children, and advocates for quality childcare in Burke County.

Children's Cochlear Implant Center at UNC – Carolina Children's Communicative Disorders Program

Address: 5501 Fortunes Ridge Drive. Suite A, Durham, NC 27713

Phone: (919) 419-1449 Website: <https://www.med.unc.edu/earandhearing>

Services: Supplies communication devices, as well as UNC physician, audiological, and speech services for qualifying children with hearing and other communication disorders. Must be North Carolina residents under the age of 21. Acceptance is based on family size, income, other medical expenses, and the limitations of insurance and other resources. **CCIC cannot accept Medicaid.**

Child Custody Mediation Program – Court-ordered mediation

Address: 201 S. Green Street, Morganton, NC 28655

Phone: (828) 433-3200

Website: <https://www.nccourts.gov/programs/child-custody-and-visitation-mediation-program>

Services: Serves to reduce parental acrimony and re-litigation of child custody or visitation disputes in Burke, Catawba, and Caldwell counties. The program accepts court-ordered referrals only and provides a structured confidential non-adversarial setting to facilitate the cooperative resolution of parenting issues by developing a parenting agreement. An orientation session and a private session with the parents to educate the parties on the mediation process are mandatory.

**Children’s Developmental Services Agency (CDSA) – NC INFANT-TODDLER PROGRAM (NC ITP)
(Alexander, Burke, Caldwell, Catawba, McDowell Counties)**

Address: 145-A W. Parker Road, Morganton, NC 28655

Phone: (828) 433-5171 Website: <https://beearly.nc.gov/index.php/>

Services: The CDSA is the single portal for children ages 0-3 years old to obtain an evaluation to determine eligibility for the N.C. Infant Toddler Program. Through a team approach with several professionals, this agency provides an in-depth evaluation of a child’s medical, psychological, educational, physical, and speech-language needs for children ages birth to three. Early intervention service coordinators assist families in locating services and therapies (such as speech, occupational, or physical) as well as other support resources. Parents and others may refer children to the CDSA.

Children’s Home Society of North Carolina

Address: 1601 S Sterling Street, Morganton, NC 28655

Phone: (828) 433-7498 Website: <https://www.chsnc.org>

Services: Provides a range of services for children including foster care, adoption, therapeutic and post-adoption services, intensive family therapy and mental health assessments and therapy for children.

Children’s Hope Alliance – Morganton Office

Address: 304 D West Union Street Morganton NC 28655

Phone: (828) 460-5698 Website: <http://www.childrenshopealliance.org>

Services: Children's Hope Alliance is a leading provider of mental health and behavioral crisis services that provides a continuum of programs for children and their families. Services in Burke County include Intensive Intervention Services, Family Support through the Catawba Valley Healthy Families, Child-focused Assertive Community Treatment Teams (Child ACTT), Foster Care, and Post-Adoption Services.

City of Morganton – (NC Local Government)

Address: 305 E Union Street, Suite A100, Morganton, NC 28655

Phone: (828) 437-8863 Website: <http://www.morgantonnc.gov>

Services: Morganton, North Carolina government – departments – general information

Cognitive Connection (The) – Substance abuse

Addresses: 959 15th Ave Hickory NC 28601

Phone: (828) 327-6026 Website: <http://www.thecogcon.com>

Services: Offers training and treatment programs designed to help individuals solve problems more effectively, maintain employment, and/or conquer addictions. Services include cognitive behavioral intervention for juveniles and adults, alcohol and drug assessment, regular outpatient alcohol and drug treatment programs, individual alcohol and drug counseling, DWI services, and Suboxone treatment. Services also include job development, employment counseling, and GED program for ages 16-21.

College Foundation of North Carolina

Phone Toll Free: 1-866-866-2362 Website: <http://www.CFNC.org>

Services: Offers help to plan, apply, and pay for college. All services are free. Includes links to North Carolina colleges, online applications for college, research careers, set up a tax-free college savings account, and learn about scholarships, grants, and loans.

Communication Disorders Clinic – (Appalachian State University)

Address: 400 University Hall Drive, PO Box 32041, Boone, NC 28608

Phone: (828) 262-2185 Website: <http://www.cdclinic.appstate.edu>

Services: Provides prevention, assessment, and treatment services in the areas of speech, language, swallowing, and hearing disorders. Sliding fee schedule supported by N.C. Scottish Rite Masonic Foundation.

Conflict Resolution Center – Mediation services

Address: 218-A Main Avenue East, Hildebran, NC 28637

Phone: (828) 397-2566 Website: <http://www.theconflictresolutioncenter.org>

Services: Offers mediation, conflict resolution classes, training, conciliation, consultation, and group facilitation services in Burke, Caldwell, and Catawba Counties.

Corporate Angel Network (Air transportation for cancer patients)

Phone: (914) 328-1313 Website: <https://www.corpangelnetwork.org/>

Services: Free air transportation for cancer patients traveling to treatment centers.

Crossnore Communities for Children

Address: P.O. Box 249, Crossnore, NC 28616

Phone: (866) 892-6213 Email: referrals@crossnore.org

Website: <https://www.crossnore.org/>

Services: Established from the merger of The Crossnore School and The Children's Home with the mission to grow healthy futures for children and families by providing a Christian sanctuary of hope and healing. Offers residential services, foster care and adoptions, therapy services, and youth independent living. Services vary by location. Residential services are available on the Avery and Winston-Salem campuses.

Division of Employment Security (Unemployment Benefits)

Address: 700 Wade Ave, Raleigh NC 27605

Phone: 1-888-737-0259 Website: <https://des.nc.gov/>

Services: Administers the unemployment insurance program for the state of NC. Benefits are paid to eligible workers who lose their job through no fault of their own and are able, available, and actively seeking work.

Division of Services for the Deaf and Hard of Hearing – Morganton Regional Center

Address: 107 Foothills Drive, Morganton, NC 28655

Phone: (828) 430-7185 Toll Free: 1-800-999-8915 Videophone: (828) 475-6606

TTY: (828) 430-7192 Toll Free: 1-800-205-9920

Website: <http://www.ncdhhs.gov/dsdhh>

Services: Provides direct services to individuals with hearing loss and the agencies and businesses that serve them. In addition, provides resources and linkages to programs and services in Alexander, Alleghany, Ashe, Avery, Burke, Caldwell, Catawba, Cleveland, Iredell, McDowell, Rutherford, Watauga, Wilkes counties. Offers information and/or assistance, presentations, and training sessions. Provides access to telecommunications devices (such as amplified phones, text telephones, alerting devices, and hearing aids) for people with limited household income who have a hearing loss or speech impairment. These services are open to Deaf, Hard of Hearing and Deaf-Blind individuals. Family members, professionals, agencies, and individuals seeking information or assistance also have access to these services. There is no charge for these services.

East Burke Christian Ministries

Address: 103 3rd Ave SE, Hildebran NC 28637

Phone: (828) 397-7074

Services: Assists people needing emergency aid with food, clothes, and/or financial assistance in the form of power, rent, medicine, gas, and other needs. Tuesday 9am-4pm and Thursdays 9am-noon. Please call to confirm hours and availability of assistance.

Easter Seals UCP North Carolina & Virginia, Inc., Morganton – Assertive Community Treatment (ACT)

Address: 400 South Green Street, Morganton, NC 28655

Phone: (828) 433-1909 Website: <https://www.easterseals.com/NCVA/our-programs/adult-services/act.html>

Services: Assertive Community Treatment (ACT) is a full spectrum, long-term, community-based treatment model for adults with severe and persistent mental health needs that have not been adequately treated by more traditional treatment services. This evidence-based treatment approach involves a high level of coordinated care and supports individuals as they manage their mental health challenges and live independently. Serves Medicaid participants in Burke, Caldwell, Catawba, McDowell, and Alexander counties. Referrals are made through primary care physicians and self-referrals on the website.

Eastern Catawba Cooperative Christian Ministry, Inc.

Address: 245 East N Street, Newton, NC 28658

Phone: (828) 465-1702 Website: <http://www.ecccm.org>

Services: Provides emergency financial assistance for mortgage/rent payments, assistance with utility bills, fuel oil, kerosene purchases, life-necessary pharmaceuticals, emergency food and clothing.

Eckerd Connects – (CARING for Children – Main Office)

Address: 225 East Chestnut St Asheville NC 28601

Phone: (828) 777-5715 **Number to Report Abuse/Neglect:** 1-800-422-4453

Website: <http://www.eckerd.org/states/nc>

Services: Eckerd Connects helps families who have been referred by state child welfare agencies due to child neglect and/or abuse. Services include Intensive Family Preservation Services (IFPS) which are in-home interventions to help families at imminent risk of having a child removed from the home or to help families reintegrate children back into their homes after they have been in foster care or other out-of-home placements. Foster Care programs are also provided to children in the custody of the Department of Social Services.

Enola Group (The)

Address: 506 East Union Street, Morganton, NC 28655

Phone: (828) 604-4906 Website: <https://www.enolagroup.org>

Adult Services: 504A East Union Street, Morganton, NC 28655 Phone: (828) 604-4906 ext. 455

Services: The Enola Group's Adult Services serve adults (18 years and older) who have intellectual and developmental disabilities. Our program goal is to create and mobilize opportunities for people to lead an enhanced and independent life as possible. The Enola Group's Adult Services include our licensed Signature Day Program, Family Living (Alternative Family Living) Program, and Neighborhood Connect.

Child and Family Services/Early Head Start: 501 East Concord Street, Morganton, NC 28655

Phone: (828) 475-0107

Services: The Early Head Start (EHS) program provides home visitation, group socializations, and child care for income-eligible families of children from birth to age three as well as women who are pregnant. Comprehensive supports to children and their families include child learning and development opportunities, parent education, medical and dental care, and nutrition services. Private child care is also offered for children 0-5. Additional educational opportunities include the Buster Bus in Hildebran and Parenting the Love and Logic Way classes. Call to inquire about services.

Exceptional Children's Assistance Center – North Carolina Early Intervention–Early Childhood Library

Address: 907 Barra Row, Suite 103, Davidson, NC 28036

Phone: (704) 892-1321 Help Line: 1-800-962-6817 Website: <http://www.ecac-parentcenter.org>

Services: Offers help for parents across North Carolina to navigate the special education system, know their rights, and use their voice. Provides information, support, training, and resources to assist families caring for children with special needs from birth to age 26. Also supports young adults with disabilities in becoming self-advocates and leaders and the educators and professionals who serve them. All ECAC services are provided at no cost to families. Spanish-speaking staff are available.

EyeCare America

Phone: 1-877-887-6327 Website: <https://www.aao.org/eyecare-america>

Services: Offers no-cost comprehensive eye exams for US citizens or legal residents only.

Family Caregiver Support Program (The)

Address: 1880 2nd Avenue NW, Hickory, NC 28603

Phone: (828) 322-9191 Website: <http://www.wpcog.org/caregiver-support>

Services: The Family Caregiver Support Program offers information, resources, and support for caregivers aged 18 and over who are caring for someone over the age of 60 or a person with Alzheimer's Disease or a related dementia. The program also serves grandparents aged 55+ and other relative caregivers providing care to children under age 18 or adult children with a disability between the ages of 19 and 59.

Family Guidance Center (FGC)

Address: 17 Highway 70 SE, Hickory, NC 28602

Phone: (828) 322-1400 Website: <http://www.fgcservices.com>

Services: Provides individual and family counseling, the Nurturing Adolescent Program (NAP), domestic violence, rape and sexual assault, and safe shelter services through billing of most insurances or a sliding-fee scale.

Family, Infant, and Preschool Program Services – (FIPP)

Address: 300 Enola Road, Morganton, NC 28655

Phone: (828) 608-6700 Website: <https://fipp.ncdhhs.gov/>

Services: FIPP provides developmental services and medical support to children birth through age five in Alexander, Burke, Caldwell, Catawba, and McDowell counties. FIPP provides early childhood intervention services to families and children with a wide range of developmental concerns including autism, prematurity, developmental delays, feeding concerns, behavior challenges, parenting supports, and other developmental and medical diagnoses. FIPP provides services in the family's home, in childcare centers, and in other community locations where the family wants support.

Family Support Network/HOPE Parent Resource Center

Address: PO Box 11395, Hickory, NC 28603

Phone: English: (828) 256-5202 Spanish: (828) 449-9927 Hmong: (828) 403-1286

Website: www.fsnhope.org

Services: Family Support Network/HOPE provides support, information, and training to assist families in promoting the education, development, and quality of life for their children of all ages and with all types of special needs; and partners with parents and professionals on community, state, and national levels to expand opportunities and generate resources in order to advance positive participation of people with disabilities in all aspects of society. English, Latino and Hmong-speaking staff are available.

First Baptist Church of Drexel

Address: 200 South Main Street, Drexel, NC 28619

Phone: (828) 437-3351

First Baptist Church of Drexel, continued

Services: Offers a food ministry to community members in need on the 2nd Sunday of every month starting at 4:30 pm. You must bring a photo ID.

First Baptist Church of Valdese – (Twice Blessed) – Clothes Closet

Address: 500 Faet Street NW, Valdese, NC 28690

Phone: (828) 874-2266 Website: <http://www.valdesefirstbaptist.org>

Services: Twice Blessed is the Church's clothing ministry. It is located just inside the door to the church fellowship hall, which is accessed from the parking lot behind the church. The clothes closet offers many different sizes and types of clothing, all at no charge. This ministry is open to the community on Tuesdays 2:00pm-4:00 pm. Donations are accepted for new or gently used clothes.

First United Methodist Church of Valdese

Address: 217 St. Germain Avenue SE, Valdese, NC 28690

Phone: (828) 874-0006 Website: <https://fumc.valdese.info/service/>

Services: Houses the Eastern Burke Hygiene Closet which distributes items on the 1st Monday of each month, 5:00 pm - 6:00 pm. Hosts Dry Bottoms on the 2nd Tuesday of each month to distribute diapers to families with 0-3-year-olds. Must provide proof of address.

FOCUS Behavioral Health Services, LLC

Address: 207 Queen Street, Morganton, NC 28655

Phone: (828) 439-8191 Website: <https://www.focusbhllc.com/>

Services: Offers a complete child/adolescent treatment continuum, including Comprehensive Clinical Assessments, psychological evaluations, outpatient therapy services (individual, group, and family), medication management and evaluation, and Intensive In-Home. Offers specialized outpatient therapy including Trauma Focused Cognitive Behavioral Therapy (CBT) and Parent Child Interaction Therapy (PCIT) which is designed to improve the skills of parents with younger children. Also, offers residential services in Burke and Caldwell counties specifically for males up to 17 years old who have displayed sexually inappropriate or sexually reactive behaviors. Time limited day treatment offered for grades K-5 at Mull Elementary School and grades 6-12 at Hallyburton Academy.

Foothills Service Project – Home repairs

Address: 940 Malcolm Boulevard, Connelly Springs, NC 28612

Phone: (828) 879-8400 Website: <http://www.foothillsserviceproject.org>

Services: Non-profit Christian home repair ministry to assist elderly and disabled persons (60 or older) in Burke and surrounding counties to make houses dry, safe, and warm. Construction assistance includes ramps to make homes accessible.

Foothills Thrift Store –Drexel and Valdese

Addresses: 2886 Highway 70 W, Drexel, NC 28619 Phone: (828) 437-7772

256 Main Street, Valdese, NC 28690 Phone: (828) 874-2521

Website: <http://www.foothillsserviceproject.org/thrift-stores>

Services: Foothills Thrift Stores serve the local community by providing a wide range of affordable, quality merchandise. Our thrift stores carry a variety of men's, women's, and children's clothing, linens, furniture, jewelry, shoes, books, cookware and much more.

Frye Regional Medical Center – South Campus

Address: 1 3rd Ave NW, Hickory, NC 28601

Phone: (828) 315-5719 Website: <https://www.fryemedctr.com/behavioral-health>

Frye Regional Medical Center – South Campus, continued

Services: This 81-bed behavioral health hospital offers treatment for adults 18 and over suffering from emotional, behavioral, and addictive difficulties. Medical clearance from a psychiatrist is required.

FUTuRES – (Families United to Resources and Education through School) – Burke County Public Schools

Phone: (828) 502-9787 Website: https://www.burke.k12.nc.us/departments/student_services/f_u_t_u_r_e_s

Services: Circle of Parents: Provides a safe, relaxed environment for grandparents and kinship caregivers to share ideas, fears, frustrations, and achievements. Groups meet weekly. Circle of Grandparents is held on Thursdays at Oak Hill Elementary School, Circle of Parents Mamas Latinas Group is held on Fridays at Hillcrest Elementary School, and Circle of Parents weekly meeting is determined each school year. **Triple P Parenting Program:** A prevention and early intervention program designed to prevent abuse and neglect and address behavior problems in children ages 3-12 years. Services are voluntary and culturally relevant and sensitive. Ten family home visits are offered for flexibility. Serves all Burke County Elementary School families.

Good Samaritan Clinic, Inc.

Address: 500 East Parker Road, Morganton, NC 28655

Phone: (828) 212-4185 Enrollment: (828) 334-6159 Website: <https://www.gscburke.org>

Clinic hours: Monday-Thursday 8:30am-5:00 pm with closure for lunch 12:30pm-1:30 pm

Pharmacy hours: Monday 9:00am-12:30 pm; Tuesday 1:00pm-6:00pm; Thursday 9:00am-1:00pm

Services: Good Samaritan Clinic is an interdenominational faith-based ministry that provides free and charitable health care, dental care, and pharmacy/medications to uninsured residents below the 200% federal poverty level. We serve ages 18-64 years old. For enrollment, please call Burke Health Network at (828) 334-6159.

Greenway Public Transportation

Address: 1545 4th Street SW, Conover, NC 28613

Phone: (828) 465-7634 Customer Call Center: (828) 464-9444 Website: <http://www.mygreenway.org>

Services: Greenway Public Transportation provides over 250,000 trips each year to residents living in Alexander, Burke, Caldwell, and Catawba County. Provides free Travel Training for residents that are unsure of how to use the bus system. *The Scheduling office is available from 8:30 am to 5:00 pm Monday through Friday.*

Guardian ad Litem – Judicial District 25

Address: 200 Avery Avenue, Suite 3, Morganton, NC 28655

Phone: (828) 433-3311 Website: <https://volunteerforgal.org/>

Services: Provides trained independent advocates to represent and promote the best interests of abused, neglected, and dependent children in the state court system and to work expediently toward a plan that ensures these children are in a safe, permanent home.

Habitat for Humanity of Burke County

Address: 111 Independence Boulevard, Morganton, NC 28655

Phone: (828) 437-0370 or (828)437-7844 Website: <http://www.burkehabitat.org>

Services: Builds affordable homes for qualified people. Participants must live in Burke County and currently live in overcrowded or substandard housing conditions; have steady, verifiable income making enough money to make a house payment but not so much that one would qualify for a loan at a bank; have a decent credit report; and be willing to help build their house and the houses of others.

Handi-Care – Transportation

Address: 304 South Main Street, Drexel, NC 28619

Phone: (828) 437-8429 Toll Free: 1-800-435-9251

Website: <http://www.handi-careinc.com/index.html>

Handi-Care – Transportation, continued

Services: Provides transportation for medical appointments with wheelchair lift equipped vans and other vehicles. Serving the counties of Burke, Catawba, McDowell, and Caldwell. Medical transportation for Burke County residents aged 60 or older is FREE of charge; there is a charge for the other service counties. Also, provides in-home care services.

High Country Community Health

Address: Burke Medical: 301 E Meeting St, Ste 101, Morganton, NC 28655 Phone: (828) 608-0800
East Burke Medical: 560 Malcom Blvd, Connelly Springs, NC 28612 Phone: (828) 874-2061
Burke Dental: 500 East Parker Road, Morganton, NC 28655 Phone: (828) 608-9062

Website: www.highcountrycommunityhealth.com

Services: High Country Community Health has locations in Avery, Burke, Watauga, and Surry Counties in western North Carolina. HCCH provides primary care, behavioral health, dental services, women’s health, MAT/SUD therapy, nutrition, 340B Drug Discount program, and Farmworker Health services within an integrated medicine model of care that treats the whole person. Our mission is to provide quality, patient centered, culturally appropriate, affordable, and compassionate care that serves the whole person. See website for an Application for Medical Sliding Fee. An application for each household is required every 12 months. No one will be turned away for the inability to pay.

Homeowner's HOPE Hotlines – Foreclosure counseling

Phone Toll Free: 1-888-995-HOPE (4673) Dial 711 for hearing impaired

Website: <https://995hope.org>

Services: A housing counselor will schedule an intake session with you to discuss your hardship, current financial situation, and foreclosure prevention options. The counselor can also assist you in contacting your mortgage company.

House of Refuge – Crisis assistance for *homeless men*

Address: 106 Murphy Street, Morganton, NC 28655

Phone: (828) 433-8921 Website: <http://morgantonhomeless.com/>

Services: Check-in begins each afternoon at 4:30 pm. The first night is free and each night thereafter is \$3.00. Each guest must pass a breathalyzer test. Bed assignments are made at check-in. Each guest must make his own bed with freshly laundered sheets and blankets. A shower is required, and clean towels are assigned. Laundry services are offered so each guest can clean the clothes he wears or carries with him. A hot meal is served at 6 pm. TV and socialization are allowed until lights-out at 10pm. Wake up is 6am. Sheets, blankets and towels are turned into laundry room. The guests share in the cleaning of bathrooms, sweeping and mopping floors. Breakfast is served and check out follows at 8am. Because we are a temporary shelter each guest must take his belongings with him daily. We also offer limited scholarships for men in need of financial assistance.

Humanitarian Foundation Grottoes of North Carolina

Contact: Stephen White (must be contacted to initiate referral) Email: white20574@gmail.com

Address: 20574 Running Creek Church Road, Locust, NC 28097

Phone: call or text (704) 984-1802 Website: <http://www.hfgrotto.org>

Services: The Dental Care for Children with Special Needs Program is designed for people birth to age 21 years with one or more of the following conditions: cerebral palsy, muscular dystrophy and related neuromuscular disorders, intellectual disabilities, including Downs Syndrome for profound to 2 years overall delayed, organ transplant recipient. Medicaid patients are not covered by this program. The Program is the secondary carrier when insurance is involved or the primary carrier if no insurance is available. All applications must be completed and submitted by the local chapter representative Dr. of Smiles (Stephen White). Preapproval is required prior to treatment. Form 1 and Form 2 can be sent via email.

Industrial Commons (The)

Address: 647 Hopewell Road, Morganton, NC 28655

Website: <https://theindustrialcommons.org/>

Services: *Carolina Textile District* - In partnership with Western Piedmont Community College, we provide low-cost industrial sewing and upholstery training to community members interested in careers in those fields and for emerging entrepreneurs. Please see our website for more information and registration in the "education and training" section. *TOSS* - Arts advocacy program providing free/low-cost after-school art classes to elementary and middle school students, as well as internships for high school students. Please click the "movement building" tab on our website for more information. *Work in Burke* - this program's mission is to increase post-secondary credential attainment and make local workforce connections by providing mentorship and education about skilled pathways to gainful employment for students and individuals in Burke County. Work in Burke offers internship opportunities. For more information, click on the "education and training" section of our website.

InfantSEE

Email: infantsee@aoa.org Website: <http://www.infantsee.org>

Services: Under this program, AOA member optometrists provide a no-cost comprehensive eye and vision assessment for infants 6-12 months old regardless of a family's income or access to insurance coverage. InfantSEE provides early intervention using necessary specialized equipment and procedures which are not available as part of most vision screenings.

Job Corps – Schenck Job Corps Civilian Conservation Center

Address: 98 Schenck Drive, Pisgah Forest, NC 28768

Phone: (828) 862-6100 Toll Free: 1-800-733-JOBS (5627) TTY: 1-877-889-5627

Website: <http://www.jobcorps.gov>

Services: Job Corps is a free education and training program that helps young people learn a career, earn a high school diploma or GED, and find and keep a good job. For eligible young people, at least 16 years of age that qualify as low income, Job Corps provides the all-around skills needed to succeed in a career and in life.

Juvenile Crime Prevention Council (JCPC)

Address: 200 Avery Avenue, Suite 2, Morganton, NC 28655

Phone: (828) 432-2845 Website: <https://www.burkenc.org/2295/Juvenile-Crime-Prevention-Council>

Services: JCPC is the Council appointed by the Burke County Commissioners to survey the county services for youth; vet proposals for any gaps in those services; recommend to the Commissioners the distribution of the Department of Public Safety funds to those agencies; and monitor the expenditure of the funds. A list of funded programs is found in Appendix B of this guide.

Khan Academy – Educational services (Online)

Website: <https://www.khanacademy.org>

Services: Offers practice exercises, instructional videos, and a personalized learning dashboard that empower learners to study at their own pace inside and outside of the classroom. We tackle math, science, computer programming, history, art history, economics, and more. Our math missions guide learners from kindergarten to calculus using state-of-the-art, adaptive technology that identifies strengths and learning gaps.

Kids First Therapy, LLC

Address: 121 Fiddlers Run Boulevard, Morganton, NC 28655

Phone: (828) 430-3558 Website: <http://www.kidsfirsttherapyservices.net>

Services: A therapist-owned pediatric practice providing Occupational Therapy, Physical Therapy, and Speech/Language Therapy to children from birth to 21 years of age. We work closely with local vendors to help children meet their assistive technology, adaptive equipment, and orthotics/prosthetics needs. Kids First Therapy currently provides clinic-
Kids First Therapy, LLC, continued

based therapy in our facility in Morganton, NC, and contracts with other programs to provide therapy services to homes, childcare centers, and schools in our community. We accept Medicaid, most private insurances, and private pay.

Lawyer Referral Service

Phone: (919) 677-0561

Website: <http://www.ncbar.org/public-resources/lawyer-referral-service>

Services: Provides referrals to attorneys who will speak with callers for a reduced rate of \$50 for the initial 30-minute consultation. Referrals can be obtained 24/7 on the website. Referrals are not made to attorneys who will work for free.

Legal Aid of North Carolina – Lawyer Referral Service

Address: 211 East Union Street, Morganton, NC 28655-3449

Phone: (828) 437-8280 Toll Free: 1-866-219-LANC (5262) Website: <https://legalaiddnc.org/>

Services: Free legal services in civil matters for low-income North Carolinians such as safety, shelter, income and more. The website has listings for other helplines posted as well.

Lenoir Emergency Outreach Shelter (LEOS)

Address: 1129 West Avenue, Lenoir, NC 28645

Phone: (828) 726-3634 Website: <http://www.lenoiremergencyoutreachshelter.webs.com>

Services: Provides a place for Caldwell County men, women, and children to stay. There are separate living quarters for men, women, and children. Intake at LEOS begins at 3:30pm. Doors close each evening at 8:00pm. Residents leave by 9:00am to seek employment, work or complete other steps on their goal plans. Residents of the shelter are held responsible for doing chores and the housekeeping of the shelter.

LifeWorks/Brian S. Hissom & Associates, PLLC

Address: 205 East Union Street, Morganton, NC 28655

Phone: (828) 433-9190 Website: <https://hickorycounseling.com/morganton-lifeworks-location/>

Services: Provides professional counseling, psychological, behavioral health, and employee assistance (EAP) services to help organizations, families, and people of all ages reach their full potential. Also provides on-site services for employers, medical practices, and human services organizations. Accepts most insurance plans, including Medicaid, Medicare and NC Health Choice; consumers are encouraged to contact their insurance carriers to determine their mental health benefits.

Make-A-Wish® Central & Western North Carolina

Address: 217 E Tremont Ave, Charlotte NC 28203

Phone: (704) 339-0334 Toll Free: 1-877-677-9474 Website: <http://www.nc.wish.org>

Services: Grants the wishes of children with life-threatening medical conditions to enrich the human experience with hope, strength, and joy.

March of Dimes

Address: 4833 Berewick Town Center Drive, Suite E177, Charlotte, NC 28278

Phone: (970) 395-3148 Website: <https://www.marchofdimes.org>

Services: Offers education to the public and practitioners about premature birth and birth defects. Also, offers education concerning the importance of pre-conception health and prenatal care targeted at women of childbearing age, their families, and their health care providers.

Medicine Assistance Tool (MAT) – formerly Partnership for Prescription Assistance

Phone Toll Free: 1-888-477-2669 Website: <http://www.pparx.org>

Services: A free-to-use search engine created by Pharmaceutical Research and Manufacturers of America (PhRMA) that allows users to search for financial assistance resources available to them, their loved ones, or patients in their lives. It **Medicine Assistance Tool (MAT) – formerly Partnership for Prescription Assistance, continued** provides a single point of access to hundreds of public and private assistance programs as well as connecting them with more transparent information about the cost of medicine.

Meeting Place Mission (The)

Mailing Address: PO Box 2861 Morganton, NC 28680

Phone: 828-432-5659 Website: <http://www.meetingplacemission.org>

Services:

Suzy Fitzgerald Emergency Shelter: homeless women, homeless families, LGBTQ+ Friendly

Address: 208 White Street Morganton, NC 28655 Phone: (828) 432-5659, Option 1

Emergency shelter for women, mothers and young children, fathers and young children, and families. LGBTQ+ Friendly. All served on a first come first serve basis. Check-in is between 6:30pm and 8pm daily. Check out is by 8am daily.

Burkemont Men's Transitional House

Phone: (828) 432-5659, Option 2 *Call for availability.*

Transitional shelter for men; transitional living for 6 months – 1 year. Inquiry calls accepted 8am-4pm. Interviews scheduled for enrollment in a 9-month transitional program.

Families Adjusting Changing and Evolving Safely (FACES)

Phone: (828) 432-5659, Option 2 *Call for availability.*

Duplex used for transitional shelter for families; transitional living for 6 months – 1 year.

Military OneSource – Service members and their families

Phone Toll Free: 1-800-342-9647

Website: <http://www.militaryonesource.mil>

Services: Free service includes money management, spouse employment and education, parenting and child care, relocation, deployment, reunion, and the particular concerns of family members with special needs. They can also include more complex issues like relationships, stress, and grief. Services are available 24 hours a day by telephone with professionally trained consultants and online.

Mimosa Christian Counseling Center

Address: 220 Burkemont Avenue, Morganton, NC 28655

Phone: (828) 433-5600 Website: <https://www.mimosachristiancounseling.org>

Services: Offers counseling from a Christian perspective to adults and youth ages 4 through 64 experiencing depression, anxiety, grief and loss, chronic pain, self-worth and co-dependency, abuse, trauma, single and couple issues, or life adjustment issues. Accepts Blue Cross Blue Shield insurance, MedCost, and other limited insurance providers are considered. Also, offers counseling in Eastern Burke County (Crosslink Church in Rutherford College). Appointments are required.

Mission Ministries Alliance

Address: PO Box 297, Marion, NC 28752

Phone: Women & Children's Shelter– (828) 659-6490 124 Fleming Ave., Marion, NC 28752

Men's Shelter & Street Outreach – (828) 659-3981 804 State St., Marion, NC 28752

Overnight Shelter – 800 State St., Marion, NC 28752

Website: <https://mcdowellmissionministries.org/>

Services: Provides emergency housing and overnight shelter with check-in beginning at 8pm. Other services available include case management for transitional support services. North Main Resale store provides low-cost clothing,

furniture, and appliances to the public. Priority is given to McDowell County residents, but referrals are accepted from other counties.

Monarch Detox & Stabilization

Address: Plymouth, NC (serving all of NC)

Phone: 1-800-994-5091 Email: admissions@monarchdetox.com

Website: <https://monarchdetox.com/>

Services: No one can make detox easy or free of discomfort. We can make it as comfortable, respectful, and private as it can be. We are a medically assisted detoxification stabilization with private rooms with bathrooms and showers to recover in private. We provide free transportation to and from the detox location. We provide Addiction Counseling & Peer Recovery Support upon request. We know everyone's recovery journey is different. Each person will work closely with staff to plan activities designed specifically for them to identify and avoid triggers that compel them to use. Every person leaves Monarch with a **Next Step Plan**. The Monarch staff works hard to help each person progress positively from stabilization to the next phase of their recovery, which can include inpatient rehab, transitional housing, Oxford House, Outpatient services or return home with all the resources and supports needed to continue the path of recovery. You can start your admission by going to the website clicking "Get Started" or give us a call to speak with an Admission counselor.

Morganton Housing Authority

Address: 644 First Street, Morganton, NC 28655

Phone: (828) 437-9101, Ext. 12

Website: <https://www.morgantonnc.gov/bc-housing>

Services: Owns and manages 3 public housing facilities which total 250 units across the City of Morganton for families with low incomes. Housing includes units with 1-5 bedrooms.

Morganton (City of) Parks and Recreation Department

Address: 300 Collett Street, Morganton, NC 28655

Phone: (828) 438-5350 Website: <https://www.morgantonparksandrec.com/parksrec>

Services: Maintains two recreation centers, indoor and outdoor swimming pools, a soccer complex, nine parks, a skeet range, disc golf, an extensive greenway system, and Catawba Meadows Park, which covers more than 200 acres along the Catawba River. Programs and events include youth and adult sports leagues, aquatics, yearly leisure activities, and instructional classes.

Muscular Dystrophy Association – Carolinas Medical Center

Address: 1010 Edgehill Road North, Charlotte, NC 28207

Phone: (704) 446-1900 Website: <https://www.mda.org/>

Services: Provides diagnostic testing and follow-up care at designated MDA clinics. Physical therapy, occupational therapy, respiratory evaluations, and genetic counseling are also available. Offers assistance with the repairs of wheelchairs, leg braces, and communication devices. Sponsors a variety of support groups in the surrounding area (call for information) and a week-long summer camp for ages 6-17 living with Muscular Dystrophy.

NC Early Learning Sensory Support Program for Children with Vision and/or Hearing Impairments

Website: <https://www.dpi.nc.gov/districts-schools/classroom-resources/exceptional-children/resources-unique-needs/early-learning-sensory-support-program>

Services: NC ELSSP is a state funded direct service provider for young children with vision and/or hearing impairments ages birth to five. Services are provided at no cost by licensed teachers and staff trained to work with children with vision and/or hearing impairments. Services take place in a child's natural environment, including homes, childcare settings, the community, and schools throughout North Carolina. For more information about the NC ELSSP or to make a

request for services, please contact: Intake Coordinator for Vision Impairments: Amber Maners – amber.maners@dpi.nc.gov or Intake Coordinator for Hearing Impairments: Mandy Hice – mandy.hice@dpi.nc.gov

NC Lions, Inc., Rutherford College Lions Club

Address: c/o Abernathy UMC 960 Malcolm Blvd., Connelly Springs, NC 28612
Phone: Richard Damon-(828) 368-0449 or Bill Phillips-(828) 493-2127
Website: www.nclionsinc.org or www.unifourlions.org

Services: Offers vision and hearing screening for children and adults at no cost. Offers financial assistance for eye examinations and glasses, collection of food and related items for community food pantries, annual educational scholarships, and preparing and serving food at community events.

NCHousingSearch

Phone Toll Free: 1-877-428-8844 Website: <http://www.nchousingsearch.org/index.html>

Services: A free service to find and list housing.

NCWorks Career Center – Burke County – Employment and Youth Services

Address: 720 East Union Street, Morganton, NC 28655
Phone: (828) 438-6161 Website: <https://www.ncworks.gov>

Services: A one-stop online resource for job seekers and employers in North Carolina. Job seekers can search for jobs, create resumes, and find education and training. Employers can find candidates, post jobs, and search labor market information.

NeedyMeds

Phone Toll Free HELPLINE: 1-800-503-6897 Website: <http://www.needymeds.org>

Services: Provides free information on programs that help people who can't afford medications and healthcare costs. NeedyMeds also provides a free drug discount card that offers a discount of up to 80% at more than 65,000 pharmacies nationwide. Anyone can use the card regardless of income level or insurance status and no registration is required. The same card can be used by friends and family members to save on prescription drugs, over-the-counter drugs and medical supplies written on a prescription form, and pet prescription drugs purchased at a pharmacy.

New Directions Counseling Services

Addresses: **HICKORY** – 201 Government Avenue SW, Suite 305, Hickory, NC 28602 Phone: (828) 267-1740
LENOIR – 315 Wilkesboro Boulevard NE, Suite 1A, Lenoir, NC 28645 Phone: (828) 754-6087
Website: <http://www.newdirectionscs.com>

Services: Access to 24/7 Emergency Service, Individual Therapy, Couples Therapy, Family Therapy, Group Therapy, Solution-Focused Therapy, Holistic Counseling, Cognitive Functioning/Emotional Regulation, Skills Training, Eye Movement Desensitization and Reprocessing Therapy (EMDR), Women's Issues, Faith Based Counseling, Relaxation and Meditation, Cognitive-Behavioral Therapy, Behavioral Therapy, EAP Counseling, Parenting Support, Psychological Evaluations, Pre-Surgical Gastric Bypass Evaluations.

New Eyes

Website: <https://new-eyes.org/>

Services: New Eyes transforms the lives of children and adults facing financial hardship across the United States with the simple, yet critical tool of eyeglasses. Provides new eyeglasses to low-income individuals across the United States.

North Carolina Department of Health & Human Services – Children Services

Address: 2001 Mail Service Center, Raleigh, NC 27699-2001
Phone: 1-800-662-7030 Website: <http://www.ncdhs.gov/assistance/childrens-services>

Services: Provides health care, financial assistance, and access to nutrition programs to children who require extra support. Find a childcare provider, learn about child support payments and enforcement and make sure that your newborn has the proper care regardless of your financial status.

North Carolina Division of the Services for the Blind – (Asheville Office)

Counties Served: Avery, Buncombe, Burke, Cherokee, Clay, Graham, Haywood, Henderson, Jackson, Macon, Madison, McDowell, Mitchell, Polk, Rutherford, Swain, Transylvania, Yancey

Address: 50 South French Broad Avenue, Asheville, NC 28801

Phone: (828) 251-6732 Toll Free: 1-800-422-1881 Website: <http://www.ncdhhs.gov/divisions/dsb>

Services: Provides services to people who are visually impaired, blind, and deaf-blind to help them reach their goals of independence and employment. Including Business Enterprise Program, Business Incentives, Client Assistance Program (CAP), Community Services, Deaf-Blind Services, Independent Living Services for the Blind, Medical Eye Care Program (Preserving or Improving your Vision), and Vocational Rehabilitation for the Blind.

North Carolina Early Learning Network (NC-ELN)

Website: <https://nceln.fpg.unc.edu/>

Services: Provides early learning communities with professional development and technical assistance to support preschool children with disabilities and their families. Promotes the development and successful participation of North Carolina's preschool-age exceptional children in a broad range of activities and contexts, including their homes, early learning programs, and communities.

North Carolina Foundation for Public School Children

Address: 3700 Glenwood Avenue, Suite 510, Raleigh, NC 27612

Phone: (984) 222-3625 Website: <http://www.ncfpssc.org>

Services: A resource for public school employees to seek assistance for the most basic needs of under-privileged children in a short amount of time. Facilitates the purchase of clothing, shoes, eyeglasses, school supplies, or any other basic needs for any student, ensuring an equal opportunity to learn. Offers disaster relief, teacher cadet grants, and educators' relief grants.

North Carolina Housing Finance Agency

Website: <https://www.nchfa.com/current-homeowners/are-you-struggling-pay-your-mortgage>

Services: Information for NC Homeowners who are struggling to pay their mortgages.

North Carolina Vocational Rehabilitation Services – (WorkSource West)

Address: 200 Enola Road, Morganton, NC 28655

Phone: (828) 608-5600 Toll Free: 1-877-344-7484 Website: <http://www.ncdhhs.gov/dvrs>

Services: Assists individuals with disabilities achieve their goals for employment and independence. Services include disability and vocational assessment, employment training, counseling, placement, and a variety of auxiliary services to assist disabled individuals to enter or maintain gainful employment.

Novant Health Presbyterian Medical Center (Behavioral Health Services)

Address: 200 Hawthorne Lane, Charlotte, NC 28204

Phone: Toll Free Nurse Care Line: 1-800-718-3550

Website: <https://www.novanthealth.org/home/services/behavioral-health.aspx>

Services: Person-centered care provided by compassionate staff, individualized treatment planning, recovery-oriented care provided in a positive environment where hope is encouraged, enhanced and maintained. Interdisciplinary treatment provided through a variety of professional staff, family/support system involvement, and specialized services for those individuals with co-occurring emotional and substance abuse issues.

Oak Ridge Baptist Church

Address: 7264 Rhodhiss Road, Connelly Springs, NC 28612

Phone: (828) 874-0891 Website: <http://www.oakridgebaptistchurch.net>

Oak Ridge Baptist Church, continued

Services: Located in the old church fellowship hall. For families living in the county east of CVS in Rutherford College, the church provides free groceries – one allotment per household per month – on the 3rd Thursday and the Monday before the 3rd Thursday, 1:30pm–4:00 pm. Perishable items offered weekly every Friday at noon on a first-come-first-served basis. Families need to bring picture I.D. with proof of Burke County residency.

Olive Hill Community Economic Development Corporation, Inc.

Address: 200 South College St Suite A Morganton NC 28655

Phone: (828) 475-4620 Website: <http://www.ohcedc.org>

Services: Mission: Empowering Residents to Succeed in today's Economy! Olive Hill CEDC offers opportunities to improve the economic mobility of local residents with the following programs: **Pre-Homeownership Education** – information needed to take the next steps towards homeownership, understand the mortgage process, and so much more. **Housing Counseling** – advice on buying a home, renting, default, foreclosure avoidance, credit issues. **Financial Literacy** – education financial life skills counseling that leads to economic self-sufficiency...managing your money; spending plans; debt reconciliation. **Foreclosure/Loss Mitigation** – Trouble paying your mortgage? Stop The Collections, Harassment, & Problems. Start Rebuilding Your Life Today. Counseling & Housing payment assistance for primary residence in North Carolina. **Business Development** – counseling/advice; business plan guidance; access to nontraditional capital for start-up and existing businesses. **Trade Academy** – employment/workplace skills training; referrals to employment.

Open Hearts Place

Address: 201 Shady Rest Road, Morganton, NC 28655

Phone: (828) 430-0417 Website: www.openheartplace.org

Services: Open Hearts Place (OHP) mission is to provide homes and purposeful opportunities for families to increase life goals, gain stability, and become more self-sufficient. OHP provides intermediate housing for low-income families at an affordable rent for up to three years. During that time each family will work to overcome current barriers that inhibit their financial, emotional, and social stability. The OHP Case Manager will work with each adult to develop their own Personal Development Plan that could include paying all bills on time; improving their credit rating; increasing family income because of promotions, job changes or additional education; achieving financial independence; and eventually preparing for home ownership. Success for OHP will be when our families are financially independent and moving on to home ownership. Check the website to see when we will be accepting applications for Phase 2.

Options of Burke County (for Victims of Domestic Violence, Sexual Assault and Rape)

- ***CALL 911 if you are in IMMEDIATE DANGER***

Address: 412 East Meeting Street, Morganton, NC 28655

24 Hour Crisis Hotline: (828) 438-9444 Website: <http://www.optionsburkecounty.org>

Services: Provides empowerment services and emergency shelter to Burke County families in crises. Includes Crisis Intervention; Safe Shelter; Advocacy; Community Education; Battered Women Support Group & Sexual Assault Support Group and Individual Therapy Services.

Outreach Center (The)

Address: 510 East Fleming Drive, Morganton, NC 28655

Phone: (828) 439-8300 Website: <http://www.theoutreachcenter.org>

Services: Provides free, nourishing groceries to assist hungry families weekly through our Outreach Food Distribution program, career employment skills training and on-the-job training through our Workforce Development program,

senior food program once a month to help our vulnerable seniors in need, arts and cultural programs to impoverished children to help boost their self-esteem and improve their chances of attending college, counseling to help overcome barriers to employment that are mental health related, meaningful volunteer opportunities for youth groups, individuals with disabilities and others.

Partners Health Management

Address: 901 S. New Hope Road, Gastonia, NC 28054

Admin Office: 1-877-864-1454

Phone Toll Free: 1-888-235-4673 **24/7/365** Website: <http://www.partnersbhm.org>

Services: Partners Health Management (Partners) manages Medicaid, state and local funds for mental health, intellectual/developmental disability (I/DD), substance use disorder and traumatic brain injury services. Under the Behavioral Health Intellectual/Developmental Disabilities Tailored Plan, Partners will manage integrated services for members with significant behavioral health needs, including physical health and pharmacy services. Our members and families shape the system of care Partners manages and is designed to focus on the unique needs of each community. Partners currently serves Burke, Cabarrus, Catawba, Cleveland, Davie, Forsyth, Gaston, Iredell, Lincoln, Rutherford, Stanly, Surry, Union, and Yadkin counties.

Pisgah Legal Services (HEOP)

Address: 62 Charlotte St, Asheville, NC 28801

Phone: 828-210-3404 Website: <https://www.pisgahlegal.org/heop/>

Services: Pisgah's Health and Economic Opportunity Program (HEOP) provides free **tax preparation** assistance and **healthcare navigation** to low and moderate-income Burke County residents, as well as the 18 counties of WNC. With a goal of reducing childhood poverty in the region, we are helping families connect with thousands of dollars of otherwise unclaimed tax credits and ensuring that everyone has access to affordable healthcare through the ACA. Call to be screened year-round by our professional bilingual staff.

Play Again Therapy

Addresses: **Morganton** – 205 South Sterling Street, Morganton, NC 28655

Marion – 551 Burma Road West Marion NC 28752

Phone: (828) 438-8833 Website: <http://www.playagaintherapy.com>

Services: Provides occupational and speech therapy services to children from birth to young adulthood. We work with clients to develop speed and efficiency in thinking skills, coordination, and motor planning so they may participate more effectively in meaningful life activities. We offer education, motivation and support for clients, their families, and their communities to optimize the well-being of each individual.

Pregnancy Care Center of Burke

Address: 302 South Main Street, Drexel, NC 28619

Phone: (828) 432-6187 (call or text) Website: <https://www.pccob.com>

Services: The PCCOB offers pregnancy testing, limited ultrasounds, education on pregnancy and parenting, baby supplies, and more, all free of charge. There are no eligibility requirements... everyone is welcome to take advantage of this free resource! PCCOB also offers mobile health care services. On our Mobile Medical Unit, we offer free pregnancy testing and ultrasounds to those who may have difficulty commuting to our brick-and-mortar office. Please call for our updated schedule.

Prevent Blindness North Carolina

Address: 4011 WestChase Boulevard, Suite 180, Raleigh, NC 27607

Phone: (919) 755-5044 Website: <http://nc.preventblindness.org>

Services: Delivers direct service programs designed to preserve sight through screening, publications, safety, education, information, and referral through volunteer efforts. Offers Vision Resource Program that provides vouchers for free

vision care such as eyeglasses and eye exams. Call for more information on eligibility. The website offers a list of national financial resources for vision care under “Resources.”

QuitlineNC – North Carolina Tobacco Use Quitline

Phone: 1-800-QUIT-NOW (1-800-784-8669) TTY: 1-877-777-6543

Spanish: 1-855-Déjelo-Ya (1-855-335-3569) Text READY to 200-400 to register via text

Website: <https://quitlinenc.dph.ncdhhs.gov/>

Services: QuitlineNC provides free cessation services to any North Carolina resident who needs help quitting commercial tobacco use, which includes all tobacco products offered for sale, not tobacco used for sacred and traditional ceremonies by many American Indian tribes and communities. Quit Coaching is available in different forms, which can be used separately or together, to help any tobacco user give up tobacco.

RHA Health Services – Deaf and Hard of Hearing Services

Address: 408-A Union St Suite 1, Morganton, NC 28655

Phone: (919) 518-9293 Call Center: 1-800-848-0180 Videophone: (919) 518-9293

Website: <https://rhahealthservices.org/behavioral-health-services/deaf-hard-of-hearing-services/>

Services: RHA Health Services offers a broad range of behavioral, developmental, and therapeutic support programs to Deaf and Hard of Hearing individuals in an environment free of cultural or language barriers. We serve people who utilize sign language as their primary mode of communication with our statewide Deaf and Hard of Hearing program in North Carolina.

RxAssist – (Patient Assistance Program Center)

Website: <http://www.rxassist.org>

Services: Patient assistance programs are run by pharmaceutical companies to provide free medications to people who cannot afford to buy their medicine. RxAssist offers a comprehensive database of these patient assistance programs, as well as practical tools, news, and articles so that health care professionals and patients can find the information they need all in one place.

Repay, Inc.

Address: 420 West Fleming Drive, Suite C, Morganton, NC 28655

Phone: (828) 438-6218 Website: <http://www.repayinc.org>

Services: Pretrial services, Just Girls Program, The Journey Counseling Center, Sex Abuse Intervention Services. The **Just Girls Program** serves girls ages 11-17 years old who are considered at risk for future involvement in the criminal justice system, unwanted pregnancy, or dropping out of school. The program provides group therapy, skills development, and opportunities for strengthening positive bonds with school, family, and community through gender specific group and individual therapy. Referrals are accepted from schools, Juvenile Court, parents, and other agencies.

Safe Harbor

Address: 210 2nd Street SE, Hickory, NC 28602

Phone: (828) 326-7233 Website: <https://safeharborncc.org/>

Services: Safe Harbor's Christ-Centered recovery community offers a 12 month whole-istic residential recovery program for women at no cost for participants called Whole Woman. Our GreenLeaf Transitional program provides low-cost, furnished, clean and safe apartments in a community for women and children looking for structure and support for their recovery while preparing for successful independent living. Our Community Day Center offers a safe place for women and children who are experiencing homelessness, or at risk for experiencing homelessness, to access an array of services through a trained Services Navigator as well as providing meals, showers, laundry facilities, internet access, and transportation. Finally, the Passage Transitional program was created with care to provide loving help and support to women

experiencing homelessness who have been unable to successfully secure housing, assisted living, etc. independently, and who can only do so with the availability of a supportive program.

Safe Kids Burke County

Address: 700 East Parker Road, Morganton, NC 28655

Phone: (828) 764-9219 Websites: **(see below)**

<https://www.facebook.com/safekidsburke> or <https://www.burkenc.org/2378/Safe-Kids-Burke-County>

Services: Provides information on topics including, but not limited to fire safety, water, sun, boat safety, gun safety, bicycle and helmet safety, insect bites, poison control and a concentration in child passenger safety. Educates children, parents, and caregivers through a variety of activities and events (Health and Safety fairs, Bike Rodeos, Medicine Drops and more). Child passenger safety inspections, car seat checks by appointment, checks car seats for correct installation for free and sells new car seats at a reduced cost.

SafeLink Wireless

Phone Toll Free: 1-800-SafeLink (723-3546)

Website: https://www.safelinkwireless.com/Enrollment/Safelink/en/NewPublic/about_us.html

Services: A government supported program serving eligible households that is provided by TracFone Wireless, Inc. To participate in the SAFELINK WIRELESS® service, certain eligibility requirements must be met, which are set by each State where the service is provided. These requirements are based on a person's participation in State or Federal support programs or by meeting the Income Poverty Guidelines as defined by the U.S. Government. SAFELINK WIRELESS® service is limited to one person per household.

Saint Charles Borromeo Church – Food Pantry

Address: 728 West Union Street, Morganton, NC 28655

Phone: (828) 437-3108 Website: <http://www.saintcharlesborromeo.org>

Services: The food pantry is open from 10am–11:30am on the 1st and 3rd Tuesday of the month. You are required to show identification.

Salvation Army Crisis Help Center

Address: 771 4th Ave Pl SE, Hickory, NC 28655

Phone: (828) 322-2535

Services: Supports needy families in the county with clothing, food, and crisis assistance. Clothing vouchers can be issued once every 6 months. If unable to go to Hickory, can apply over the phone for the issued voucher to be faxed to the local store. Food bags can be issued once every 3 months and must be picked up in Hickory. Applications for clothing and food are accepted on Mondays between 1pm and 4pm and on Wednesdays between 9am–12pm. A Loaves and Fishes produce drive is offered every Wednesday afternoon from 1:30pm to 2:30pm in Hickory. Individuals can come every week. Crisis assistance is available for a documentable crisis in the last 30-90 days. Applicants need to call to be screened over the phone and then an appointment will be made with a case worker in Hickory. If unable to go to Hickory, meetings over the phone can occur.

Salvation Army Thrift Store

Address: 412 West Fleming Drive, Suite A, Morganton, NC 28655

Phone: (828) 430-8392

Services: Offers new and slightly used clothing, household items, and other "stuff" that is "another man's treasure." Revenue generated in the Family Stores helps provide the resources necessary to offer individuals in our community a "hand-up."

Sipe's Orchard Home

Address: 4431 County Home Road, Conover, NC 28613

Phone: (828) 256-5056 Website: <https://www.sipesorchardhome.org/home>

Services: **Transitional Living Program – Campus:** provides residential and life skills development for at-risk youth males and females, ages 16 to 21, who are homeless, aging out of foster care, or otherwise disadvantaged and unable to cope

Sipe's Orchard Home, continued

successfully on their own. The program provides a safe place to attain the skills, confidence, and credentials to achieve independence. There are three facilities on campus. **Young Adults in Transition – Campus and Community:** extends the age of care to 24 and expands the locations, while beginning or continuing independent living services. The program is open to youth with a mental health diagnosis who need support to develop or maintain independent living skills. **The Tyndall Center for Early Age Education:** provides a specialized educational program (NCPK) for at-risk four-year-olds. The program is centered on learning through play. Children develop skills to ensure kindergarten readiness. **Huckleberry Summer Camp:** a summer day camp open during the 8–12-week summer break. It is open to school-age children who have completed kindergarten. Breakfasts, lunches, and snacks are provided and included in the cost. Cost: \$25 non-refundable registration fee per child. Reservation Fees: \$10 per selected week, per child. The reservation fees will be applied to the payment for those reserved weeks that are attended. If a reserved week is not attended and there are no other open weeks for substitution, the reservation fee is forfeited. Weekly Cost: \$125 per week. A sibling discount offers \$5 off each sibling's weekly fee.

Skill Creations Inc.

Address: 303 South Green Street, Suite 101, Morganton, NC 28655

Phone: (828) 432-9771 Website: <http://www.skillcreations.com>

Services: Operate three service divisions and the administration division. Our original service division is the ICF Division which currently provides 191 individuals with specialized residential care in 15 different towns in North Carolina. The second service division is our Community Operations Division which provides residential and non-residential services to persons in their home community. The third service division is the Wayne Child Development Center, which is located in Goldsboro and is a 5-star rated preschool and childcare center for all children ages birth - 5 years old.

Social Security Administration

Address: 1501 US Highway 321 NW, Hickory NC 28601

Phone Toll Free: 1-888-877-1615–local 1-800-772-1213–national TTY 1-800-735-8262

Website: <http://www.ssa.gov>

Services: Assists individuals applying for retirement, survivors' (dependents of a deceased individual), Social Security Disability, and Supplemental Security Income (SSI) benefits.

Southmountain Children and Family Services

Address: 110 West Union Street, Morganton, NC 28655

Phone: (828) 584-1105 Website: <http://www.southmountain.org>

Services: Southmountain serves children who have experienced abuse and neglect through two arms of service: a 150-acre foster community in Nebo and 11 Children's Advocacy Centers across North Carolina. The foster community, a neighborhood of eight homes, offers a unique hybrid of group care and traditional foster care. The community employs "professional parents" who live and care for children full time, which allows siblings to stay together and offers state-of-the-art facilities and recreation opportunities. The program prioritizes family reunification. The organization also operates 11 Children's Advocacy Centers (CAC) serving 16 counties across North Carolina. The CACs exist to minimize trauma to children and their non-offending family members resulting from neglect, physical and/or sexual abuse; to advocate for and support child victims and to enhance the legal process in achieving optimal criminal prosecutions. Clinicians across the agency utilize trauma-focused cognitive behavioral therapy, the gold standard of care for victims of trauma.

Special Olympics Burke County North Carolina

Email Address (Local Program Coordinator): burke@sonc.net

Website: <https://sonc.net/local-programs/>

Services: The mission of Special Olympics is to provide year-round sports training and athletic competition in a variety of Olympic-type sports for children and adults with intellectual disabilities, giving them continuing opportunities to develop

Special Olympics Burke County North Carolina, continued

physical fitness, demonstrate courage, experience joy, and participate in a sharing of gifts, skills and friendship with their families, other Special Olympics athletes, and the community.

STEPS Academy (Strategically Teaching and Engaging Preschool Students)

Address: 700 E Parker Road

Mailing Address: BCPS, PO Drawer 989, Morganton, NC 28680

Phone: (828) 430-4100 Website: https://www.burke.k12.nc.us/departments/birth_to_5_years_old/preschool

Services: STEPS Academy is a half day inclusive Preschool program for children ages 3-5 that is jointly funded through Burke County Schools and Smart Start. Classes are offered 2.5 hours/2 days per week. Students may begin as soon as they turn 3. This program is FREE for students living in Burke County who are not currently enrolled in any other preschool program or childcare. STEPS classrooms are located at Forest Hill Elementary (304 Ann Street; 828-413-7135), Hildebran Elementary (703 US Hwy 70 W; 828-764-5053), and Mountain View Elementary (805 Bouchelle Street; 828-381-6048). STEPS Academy is also unique in that it offers a Parent and Child (PAC) class each week where parents join students in fun learning activities to carry over into the home and family! Each STEPS Academy classroom has a certified classroom teacher, as well as a highly qualified teacher assistant. Activities and the classroom are structured for the most age-appropriate learning opportunities for your preschooler!

Tarheel Challenge Academy Youth Program

Address: 600 NE Main Street/PO Box 39, Salemburg, NC 28385

Phone: (910) 525-5520 Toll Free: 1-800-573-9966 Website: <http://www.nc-tcchallenge.org>

Services: A 22-week, military-oriented resident program for high school dropouts. Residence is followed by an intensive yearlong placement and mentoring phase. Applicants must be 16-18 years old, U.S. citizen/legal resident and North Carolina resident, unemployed/underemployed, drug-free, no pending criminal record, and physically and mentally capable; applications are available on the website. The mission of the Tarheel Challenge is to improve the life-coping skills and employment potential of high-school dropouts or expellees so that they may become productive members of their communities and society in general.

TEACCH Center – Asheville – *Treatment and Education of Autistic and Communication Handicapped Children*

Address: 100 Technology Dr, Suite A, Asheville, NC 28803

Phone: (919) 445-7020 Website: <http://www.teacch.com/regional-centers/asheville-teacch-center>

Services: Serves individuals with Autism Spectrum Disorders in the western region of North Carolina. Services include diagnostic evaluations, treatment planning and implementation, education, consultation, training opportunities and research.

Ther-Equine – Therapeutic Riding Center

Address: 2864 DAV Avenue, Morganton, NC 28655

Phone: (828) 443-0272 Website: <https://www.facebook.com/therequine>

Services: Promotes and enhances the welfare of individuals with disabilities by providing a program of therapeutic, educational, and recreational value and empowers individuals who are mentally, physically, or emotionally challenged through the use of horses while providing therapeutic benefits in a safe and controlled atmosphere.

Thomasville Area Family Services/Care House

Address: 1120 Taylorsville Road, Lenoir, NC 28645

Phone: (828) 757-0700 Website: <https://www.bchfamily.org/programs/single-mom-care>

Services: Helps four teen-aged single mothers learning parenting, vocational and education skills while living with their babies. Mothers learn day-to-day care skills, adult living skills and basic parenting skills. They learn how to establish personal goals and are given opportunities to develop a positive self-image. Mothers are educated on how to prevent additional pregnancies and learn how they can appropriately use community resources and services. Twenty-four-hour

Thomasville Area Family Services/Care House, continued

group care and on-site day care for babies allow the mothers to continue their education. Placement consideration can be given to a pregnant teen who is not currently parenting a child.

Thompson Child and Family Focus Centers

Addresses: **(A)** 6800 Saint Peter's Lane, Matthews, NC 28105

Phone: (704) 536-0375

(B) 769 N. Wendover Road, Charlotte, NC 28211

Phone: (704) 376-7180

(C) 1645 Clanton Road, Charlotte, NC 28208

Phone: (704) 817-1600

Phone: Toll Free: 1-888-293-6216 Website: <https://www.thompsoncfff.org>

Services: (A) The Thompson Psychiatric Residential Treatment Facility (PRTF) is intended for boys ages 5-13 and girls ages 5-12. However, boys may turn 14 and girls may turn 13 while in the program. A tranquil 40-acre campus in Matthews that includes: highly personalized psychiatric residential treatment and clinical care for children who have experienced severe abuse and neglect. Serves up to 24 children, ages 6 to 15, in four cottages. The School at Thompson provides therapeutic support within a school setting. Thompson administrative offices, the chapel, a recreational facility with a pool, cafeteria, and outdoor playgrounds and natural spaces are part of this healing environment.

(B) Parent education programs incorporate both classroom and in-home education, supporting families who seek out help or are compelled to find assistance by court and/or county mandate. Outpatient and Intensive In-Home therapy services address behavioral and emotional problems, adjustment issues, grief and loss issues, and sexualized behaviors. Our Foster Care team identifies and develops strong, supportive families who can care for children re-entering community life. **(C)** Thompson Child Development Center, a five-star, nationally accredited center, provides year-round, high-quality early education and care for up to 150 children, birth to age five. The student population includes both children with special needs and those who are typically developing. Thompson Child Development Center also serves 57 Head Start and 20 Early Head Start children. Thompson Early Childhood Outreach Services include a wide range of family support programming, as well as a three-county professional development training program and center-to-center peer counseling.

Timber Ridge Treatment Center, Inc.

Address: 665 Timber Trail, PO Box 259, Gold Hill, NC 28071

Phone: (704) 279-1199 Website: <http://www.trtc.net>

Services: Level III residential treatment program located in a rural woodland setting between Greensboro and Charlotte, designed to serve males between the ages of 12 and 17. Basic services include therapeutic camping; individual, group and family counseling; and medication management by a psychiatrist. Specialty services include year-round school registered with the North Carolina Department of Public Instruction; substance abuse counseling (dual diagnoses); Moral Reconciliation Group Therapy; and Level III program for sexually aggressive youth treatment components include Trauma Focused Cognitive Behavioral Therapy, EMDR, QEEG brain mapping, risk assessments, safety plans, individual, group and family therapy.

Un Nuevo DIA (A New Day) – (Americas Addiction Treatment, Inc)

Address: 203 White Street, Morganton, NC 28655

Phone: **Spanish** (828) 606-1718 **English** (828) 433-1221 Website: <https://www.ncdwiservices.org>

Services: A drug or alcohol rehabilitation center with a primary focus on substance abuse treatment. The treatment center provides outpatient care. There are special groups and programs for DUI and DWI offenders and criminal justice groups. Special language services provided include Spanish. Payment assistance is offered by way of sliding fee scale.

Universal Mental Health/Developmental Disabilities/Substance Abuse Services

Address: 223 Avery Avenue, Morganton, NC 28655

Phone: (828) 438-0006 Website: www.umhs.net

Services: Provides comprehensive and integrated mental health, intellectual/developmental disabilities, substance abuse and early intervention services in North Carolina.

VA Medical Center (Charles George) – Asheville

Address: VR&E Office, 1100 Tunnel Road (138), Asheville, NC 28805

Phone: (828) 298-7911 Website: <http://www.asheville.va.gov>

Services: A Specialized Care, 119-bed acute care facility located in Western North Carolina. Asheville operates a separate 120-bed Community Living Center. The Center's services include extended care rehabilitation, psychogeriatric care, and general nursing home care. Comprehensive health care is provided through the spectrum of primary care, tertiary care, and long-term care in areas of medicine, surgery, psychiatry, physical medicine and rehabilitation, neurology, oncology, dentistry, and geriatrics. Special programs include a Home Based Primary Care (HBPC) program, Medical Foster Home Program, and a Substance Abuse Residential Rehabilitation Treatment Program (SAR RTP).

Valdese Housing Authority

Address: 1402 Lydia Avenue NW, Valdese, NC 28690

Phone: (828) 874-0098

Services: Provides low-income housing programs. Authorities determine housing eligibility and administer two different types of housing assistance programs. Section 8 Housing provides rental assistance to low-income families living in privately-owned rental properties, where low income housing is directly owned and operated by the US Department of Housing and Urban Development (HUD).

Valdese Recreation Department

Address: 312 Massel Avenue, Valdese, NC 28690

Phone: (828) 879-2132 Website: <https://www.townofvaldese.com/recreation-1/>

Services: Offers a wide range of facilities and activities to the citizens of Valdese and the surrounding area. The department sponsors a number of special classes and activities for youth and adults. The recreation department oversees five facilities: Valdese Community Center, McGalliard Falls Park, Children's Park, Fletcher Ballpark, and Tiger Gym. The Department is based in the Valdese Community Center, which also houses bowling lanes, a dedicated party room, snack bar and grill, fitness center, locker rooms, gymnasium, and staff offices. WIFI is available throughout the facility. Also, located on the grounds are two lighted tennis courts, and a year-round swimming pool (enclosed from mid-September through early May.)

Waldensian Presbyterian Church (Food pantry)

Address: 109 Main Street East, Valdese, NC 28690

Phone: (828) 874-2531 Website: <http://www.waldensianpresbyterian.org>

Services: Operates a food pantry to assist residents of Valdese and Drexel with a gift of groceries once a month. Valid ID required as proof that you live in the service district. Limited financial assistance available for families in crisis. Appointments are required. Contact the church office on Thursday between 2pm and 4pm for a pre-phone interview and to schedule a follow-up appointment if eligible.

Walkin' Roll Activities League, Inc.

Address: PO Box 1994, 202 S Center St, Hildebran, NC 28637

Phone: (828) 446-5106 Website: <http://www.walkinroll.org>

Services: Supports and nurtures individuals with developmental disabilities by providing team building opportunities through T-Ball, bowling, swimming, dancing and other group activities. The focus of our league is to build self-esteem and confidence in individual performance in a nurturing atmosphere.

Western North Carolina Workers' Center

Address: PO Box 3, Hickory, NC 28603

Phone: (828) 575-3830 Website: <http://www.wncworkerscenter.org>

Services: Our workplace health and safety program focuses on three components: educating workers on health and safety issues in industries with high injury rates; advocating for safe and healthy workplaces and policies that protect

Western North Carolina Workers' Center, continued

workers; develop leadership amongst low-wage workers to advocate for themselves. Through our wage theft campaign, we seek to activate disenfranchised workers in Western North Carolina to stand up against wage theft; engage community partners and allies regarding wage theft and reach out to local politicians regarding wage theft. Our women's program works with immigrant women workers to empower them to testify to realities regarding oppression through safe spaces and networks for them to be supported and heard and to develop leadership skills to encourage other women to do the same.

Western Piedmont Community College

Address: 1001 Burkemont Avenue, Morganton, NC 28655

Phone: (828) 448-3500 Website: <http://www.wpcc.edu>

Services: Curriculum and continuing education, adult basic education, and adult GED classes.

Western Piedmont Council of Governments Rental Assistance Program

Address: 1880 2nd Avenue NW, Hickory, NC 28601

Phone: (828) 322-9191 Website: <http://www.wpcog.org/regional-housing-authority>

Services: Assists very low-income families to receive a "Housing Choice Voucher" that pays a significant portion of rent for participating landlords. Eligibility for a housing voucher is based on the annual gross income and family size and is limited to US citizens and special categories of non-citizens who have eligible immigration status and can pass the screening process.

Women's Resource Center

Address: 125 3rd Street NE, Hickory, NC 28601

Phone: (828) 322-6333 Website: <https://wrchickory.org/>

Services: Workforce Development Programs and Support; Goal Planning and Resource Coaching Services; Challenges Due to Separation, Domestic Violence, or Divorce; Support Groups for Fibromyalgia; Emotional Support Group for Women, Adult Children of Alcoholics, Alcoholism & Substance Abuse; Personal Growth through Educational and Enrichment Programs; and opportunities to meet and share with other women. Pantry with a Purpose program provides products not covered by FNS/SNAP (cleaning supplies, toiletries, etc.). No Strings Attached program offers free menstrual hygiene products to the community- also available at Catawba Valley Community College. Womenade grant program provides up to \$500 grants to women experiencing financial difficulties in an effort to increase long term stability. Free mental health counseling services provided by LCSW to under/uninsured women. All services available to women in Alexander, Burke, Caldwell and Catawba counties.

Appendix A: Specialty Camps for Children

AUTISM CAMPS OF NORTH CAROLINA

Camp Lakey Gap – Christmount

Address: 222 Fern Way, Black Mountain, NC 28711

Phone: (828) 669-8977 Website: <https://www.camplakeygap.org/>

Services: A camp for youth ages 4-17 and adults 18 and over with autism where campers work on self-esteem and social skills during a week-long summer camp in June or July. Registration is required by March and financial assistance is available.

Camp Royall – Autism Society of North Carolina

Address: 250 Bill Ash Road, Moncure, NC 27559

Phone: (919) 542-1033 Website: <http://www.autismsociety-nc.org/index.php/summercamp2>

Services: Operates residential summer camp for persons with autism. Provides job-coach services, information, and referrals statewide, support to parents and families through one-on-one parent advocacy and workshops, and public education through workshops, conferences, clinical training, printed materials, and the media. Registration for summer camp is open during January and financial assistance is available.

DIABETES CAMP

American Diabetes Association Camp Carolina Trails (YMCA Camp Hanes)

Address: 1225 Camp Hanes Road, King, NC 27021

Phone: (336) 983-3131 Website: https://engage.active.com/landing_page/camp_carolinatrails_2017

Services: Offers one week of summer camp each year for boys and girls with diabetes ages 7–17 years. Campers are housed in cabins with adult chaperones. Experienced personnel, including medical and dietary staff, as well as camp counselors, supervise all camp activities.

MILITARY CAMP

Military Family Association (National): Operation Purple Camp

Website: <http://www.militaryfamily.org/kids-operation-purple/camps>

Services: FREE WEEK of camp for military kids where they connect with other kids, just like them.

MUSCULAR DYSTROPHY CAMP

Muscular Dystrophy Association – Carolinas Medical Center

Address: 1010 Edgehill Road North, Charlotte, NC 28207

Phone: (704) 446-1900 Website: <https://www.mda.org>

Services: Sponsors a variety of support groups in the surrounding area (call for information) and a week-long summer camp for ages 6-17 living with Muscular Dystrophy.

SUMMER CAMP–GENERAL

Sipe’s Orchard Home

Address: 4431 County Home Road, Conover, NC 28613

Phone: (828) 256-5056 Website: <https://www.sipesorchardhome.org/home>

Services: **Huckleberry Summer Camp:** a summer day camp open during the 8–12-week summer break. It is open to school-age children who have completed kindergarten. Breakfasts, lunches, and snacks are provided and included in the

cost. Cost: \$25 non-refundable registration fee per child. Reservation Fees: \$10 per selected week, per child. The reservation fees will be applied to the payment for those reserved weeks that are attended. If a reserved week is not attended and there are no other open weeks for substitution, the reservation fee is forfeited. Weekly Cost: \$125 per week. A sibling discount offers \$5 off each sibling's weekly fee.

Appendix B: Burke County Juvenile Crime Prevention Council Programs

Burke Recovery (Burke Council on Alcoholism and Chemical Dependency): The Council serves youth ages 8 to 18 who are at high risk for alcohol or other substance use disorders. Parents, school counselors and administrators, juvenile court counselors and other court and community agencies may refer adolescents for assessment and possible treatment. The Council provides an intensive evaluation of adolescents' current involvement with substances. We also provide an education and awareness program for youth with minimal history of substance use. For youth who have early signs of substance use disorder, the Council offers outpatient group and individual counseling. The Council refers youth with more advanced substance use problems to inpatient treatment facilities. **828-433-1221**

Conflict Resolution Center: Juvenile Mediation/Conflict Resolution Education: (Age 9-17) Provides a forum for at-risk youth to discuss issues which have caused conflict between another youth. Program goals include the increase of effective communication, collaborative problem solving, and implementing an agreement between the two parties. Conflict Resolution/Anger Management Classes build interpersonal skills of the youths by identifying problematic attitudes, beliefs and thinking patterns leading to conflict. Contextual instruction focusing on pro-social decision making, anger management techniques, and conflict resolution interpersonal skills are also utilized.

Cathy Starnes or Chloe Martin – 828-397-2566 Crced2566@gmail.com or crcrpa20@gmail.com

Conflict Resolution Center: Restorative Community Building Circles

This program provides a diversion opportunity for youth age 11-17 who are at-risk and have been referred by school personnel or resource officers, and juvenile court counselors for Restorative Circles. In the Circle Process participants discuss the circumstances and impacts that the offense had on the community, referred youth, and victim. The result leads to a decision as to the best way to resolve the conflict and allow the referred youth to repair the harm caused by their actions. The ideas are to repair, encounter and transform conflict by involving everyone harmed by the hurtful activity. **Chris White – Crcwhite@gmail.com 336-340-2456**

Kids At Work: An Aspire Youth and Family, Inc. program, is a year round after-school program working with youth between the ages of 12 and 17 for 16 weeks. Classes are 3 hours long one day a week. Up to 10 youth work with an interpersonal instructor to gain skills to communicate more appropriately as they learn restaurant quality culinary skills. As long as there is room, youth can join the program immediately. If necessary to assist youth and families with access to this program, transportation from school and to their home is provided. They apply culinary and communication skills as they make a culinary delight, youth and staff gather to enjoy the meal in a family style environment and review skills learned. Youth also learn sanitary skills to gain a certification which can increase their hourly salary if they do work in the food service industry.

Kim Castano – kim@aspirenc.org 828-226-5533

Repay – Just Girls: The Just Girls program provides a safe, gender specific, group counseling environment where at-risk girls can learn self-esteem, build positive relationships with peers, adults and the community. The goals of the program are to increase self-management and awareness, positive bonding and relationship skills, and reduce risk behaviors. Referrals are accepted from juvenile court, parents, schools and other agencies.

Repay – Psychological Services: This component provides comprehensive psychological and diagnostic assessments for court involved youth. Referrals must come from a juvenile court counselor.

Repay – SAIS: Sex offender treatment for youth displaying sexually aggressive behavior or who have been charged with a sex offense is provided by this program. Referrals are accepted from juvenile court, parents, schools and other agencies.

Repay – Restorative Services: Is a dispositional option to juvenile court allowing participants to repay or give back to their community. Provides participants the opportunity to fulfill their obligation to the courts by competing community service and provides victims repayment of monetary loss. The mission is to help youth become confident, productive members of their community while restoring their relationships with others and the community through supervised activities. **For all Repay programs contact: Renee Lewis 828-438-6218 ext. 14 repayed@repayinc.org**

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Disclaimer: *This list is provided for informational purposes only and is not all-inclusive. It does not guarantee services will be provided to you by the agencies listed. Please ask for eligibility criteria when you call. This list is not guaranteed to be up to date. Regularly updated online databases for Burke County services can be found by visiting the following websites: <https://www.findhelp.org/> and <https://www.211.org/>*

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