

# Signature Speaks

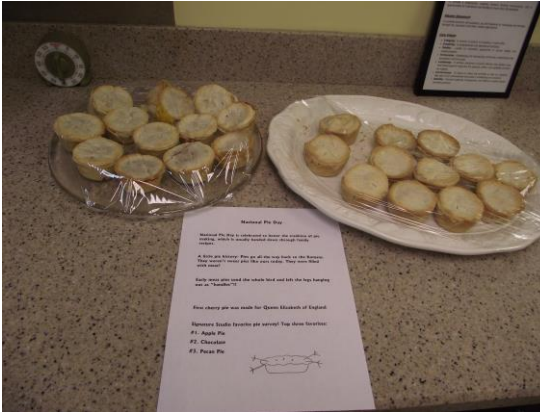
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## Welcome!

In January we celebrated National Pie Day by making pies! Each participant chose their favorite flavor (cherry, peach and apple), and made their own individual pies. It was a delicious success!

In February we started making handmade scarfs to sell at the gallery. Each participant made their own unique creation, by choosing their own colors and types of yarn to make a beautiful scarf. February has been a busy month with several craft days for Valentine's Day. We also began several new classes including: Exercise, Cooking, Pottery, Theatre and Journalism. We are trying several new exercise techniques, healthy recipes, new pottery creations and bringing out our inner creativity and expression through theatre and journalism. We also had Doug Stark from PBS come and do a segment for Carolina Impact television show featuring our artists it was a great experience for all of us



**The fun never stops at Signature Day Program!**

**Clients enjoy many different activities on a daily basis and love having fun learning new life skills!**

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## Feature Person of the Month



Domiontae started Signature Day Program in October of 2013. He enjoys pottery, cooking and singing hymnals when he's here for karaoke.

## Lisa B's Healthy Eating Tip

The healthy eating pyramid suggests each person gets two cups of fruit and 2 ½ cups of vegetables daily.

## ASL of the Month



If you mean "play" as in "playing around" then you can use the version of this sign that shakes "Y" handshapes.



The sign for "love" is made by crossing both hands over the middle of your chest.



Charlene showing Cassie notes on the piano

## Music Moment

Some of our participants are taking steps to learn how to play various instruments like bass guitar, piano and drums. They are learning the dedication it takes to make progress in this endeavor.

By using association with fun objects and animals, Charlene has begun seeing great progress with Cassie in learning the notes on the piano! Congratulations to Charlene on finding a fun and positive way to use her skills to teach others.

Rebecca, Thomas, and Charlene with the accompaniment of Ryan continue to play for the residents of Grace Heights monthly.

## Jake's Birthday Corner

In addition to making birthday cards for people involved with The Enola Group, Jake will be busy working on a piece of commissioned art featuring Noah's Ark.

January – Ryan F. 6<sup>th</sup>, Tina T. 23<sup>rd</sup>  
February – Nancy H. 8<sup>th</sup>, Deann P. 8<sup>th</sup>, Nicki H. 9<sup>th</sup>  
March – Nadine R. 3<sup>rd</sup>, Lisa B. 6<sup>th</sup>, Sarah B. 13<sup>th</sup>, Rebecca H. 20<sup>th</sup>, Frances C. 24<sup>th</sup>, John R. 25<sup>th</sup>, Brooks Y. 28<sup>th</sup>, Becky H. 31<sup>st</sup>

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