

Signature Speaks

April 2015

Vol. 2 Issue 5



Welcome!

Happy Spring!

The sun is shining, birds are singing, and we're ready to enjoy the outdoors! We convened our Spring Planning Committee and have several ideas for upcoming events and activities. On the list is a field trip to the Earl Scruggs Museum in Shelby, building a fairy garden, installing our "living sculpture," beginning a Fitness and Sports Academy, planting our vegetable and herb garden, starting a traveling Storytelling Troupe, and resuming our place at the Morganton Farmer's Market. Lots of exciting things happening!



Clay production with Molly is in full swing and we have several beautiful hand-built plates, platters, small dishes, and tumblers available for purchase at Signature Studio and Gallery – please stop by and pick some up for your kitchen table. Of course we are also producing our ever popular hand-glazed flower pots that will be available at the Farmer's Market beginning this month.

Cooking classes have been full! We like to make easy things we can make and enjoy at home, too. We've made individual English muffin pizzas, muffins, fruit crescent rolls, and "Bunny Bait" (popcorn mixed with pretzels, miniature marshmallows, and chocolate candies). Some of us cook and/or prepare snacks outside of class, too. Tasty treats coming out of our kitchen include smoothies, guacamole, and fresh fruit salad.



After the holidays were over, we began marking the approach of Spring with Pajama Day on January 22nd. We all wore our comfy PJs to work – some even wore their bathrobes! Friday, January 30th was our Super Bowl Party – complete with wings, chili, cornbread, chips & salsa – all the normal fixin's for the Super Bowl, along with cookies made by our cooking class. After several days of cold and snowy weather in February we fired up the grill on Friday, March 20th to celebrate the first day of Spring. Louis was a superb grill master, flipping us some hotdogs and hamburgers that we ate with all the toppings and sides. It was a great way to bring in the new Season!



The creativity never ends at Signature Day Program!

We've built our waist-high raised planting bed and are getting ready to fill it with vegetables and herbs we can harvest to use in our cooking classes!

504 A East Union Street
Morganton, NC 28655

P 828-433-0056

www.enolagroup.org

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Feature Person of the Month



Seth graduated from North Liberty last June and started full-time at SDP in July. He loves country music, especially Garth Brooks (and, he can sing like him, too)! Seth and his girlfriend enjoy going to Yianni's for special dinners. He loves to tell knock-knock jokes because he enjoys making people laugh and smile!

ASL of the Month



Cracker. Tap the closed "A" hand on the elbow in a repeated movement. This mimics the original baker's way of splitting up sheets of crackers.



Flower. The flat "O" hand touches one side of the nose and then the other – as if smelling a flower.



Music Moment

Ryan rejoined our team in January 2015 and he jumped right back in! He has been busy with resuming the Performance Group, teaching individual instrument lessons, and drum/percussion circle each week. A main project spearheaded by Ryan is recording a CD of Charlene's piano music with cover art designed in collaboration with SDP artists. Tentative plans are to have a CD release by August 2015 – stay tuned for more information.

In more music news, Lisa B. tells us that she started taking piano lessons when she was 10 years old and says she has improved a lot over the years. Lisa practices for 30 minutes every morning at Signature Day.

Jake's Health Tip

Eating Right and Exercising at least three times per week is a great way to stay healthy!

Jake's Birthday Corner



January: Caleb 20th

February: Deann 8th

March: Lisa 6th, Sarah 13th, Rebecca 20th, Frances 24th, Johnny 25th, Brooks 28th

Managing Editors – Nadine R., Karin M.
Staff Writers – Jake H., Lisa B., Joyce B