



Caldwell Early Head Start Newsletter September 2015

Early Head Start Program Mission:

- To enhance the growth and development of young children
- To support and strengthen healthy family development and well-being
- To promote healthy prenatal outcomes for women who are pregnant
- To serve children with disabilities and their families

Contact Information:

Caldwell Early Head Start

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www.enolagroup.org

Facebook: Caldwell Early Head Start



Family Fun Night



Family
Celebration
Time at
Redwood
Park &
Pool



EHS families and staff enjoyed each other's company as they ate pizza and watermelon and played in the pool.



Reminder

Read to your child
every day.

Creating a Reader Friendly Home

A home filled with reading material is a good way to help kids become enthusiastic readers. What kind of books should you have? Ask your kids about their interests. If they're too young to have a preference, your local librarian can offer suggestions about age-appropriate books.

Here are some other tips:

- Give your child a special, cozy space, and quiet time every day to read or write.
- Limit time kids spend in front of a screen (including TV, computer, and video games) to help ensure that they have time for reading.
- Keep reading activities family-centered, and take an active role in guiding your child in reading activities and media. Even with today's high use of technology, parents can decide how much print and how much media to allow into story time. Reading e-books doesn't have to mean sacrificing lap-time. Make sure to snuggle up with a story often, in whatever format.

Raising a reader doesn't have to break the bank! Use your local library to keep new reading materials coming into the house. Visit used bookstores and trade books with other parents. Sign up for Dolly Parton's Imagination Library to receive a free book every month .

Touching and even playing with books is an important way to encourage your child's relationship with books.

Read together. Offer to read a book aloud or ask your child to read to you from a favorite magazine. Make a habit of sitting together while you each read your own books, sharing quiet time together.

Now Enrolling

CHILDREN BIRTH TO THREE YEARS OLD
AND WOMEN WHO ARE PREGNANT

Services at No Cost to families for:

Child Care

School Readiness and Child Development

In-Home Education/Home Visiting

Group Socializations/Playgroups

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Call Us!