



Burke Early Head Start February 2017 Newsletter

Early Head Start Program Mission:

- To enhance the growth and development of young children
- To support and strengthen healthy family development and well-being
- To promote healthy prenatal outcomes for women who are pregnant
- To serve children with disabilities and their families

Contact Information:

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www.enolagroup.org

Facebook: Early Head Start of Burke, The Enola Group

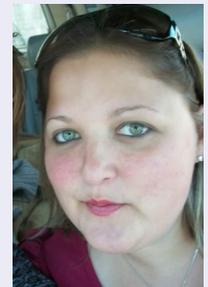
Classroom News



Recently, Frances Street was named the Center-based Supervisor for Burke County. In her new role, she is supervising the Burke teachers as well as the day-to-day center-based operations. She continues to work as a practice-based coach with teachers in Alexander, Burke, and Caldwell Counties as well. Her expertise supports and strengthens the Early Head Start teachers and classrooms. Frances said of her new role, "I am happy to contribute to the progress and success of the Early Head Start classrooms."

Welcome

Heather Honeycutt joined Early Head Start in Burke as a preschool teacher in November. She has a surgical technician diploma and is pursuing an Associate's of Arts degree in Early Childhood Education at McDowell Tech. Heather plans to attend Western North Carolina in the Fall to begin working towards a Bachelors of Early Childhood Education. Heather enjoys "working with the small group in the classroom so [she] gets to know each child individually and it's fun!" Welcome Heather!



Reminder!

Men's Zone Meeting
February 23
6:00 pm-7:30 pm

Parent Meeting
February 1
10:30 am-12:30 pm



Did You Know?

Families can eat dinner together Monday-Friday at Mountain Crest Elementary School (201 Tennessee Street, Morganton). It is free to anyone 3-18 years old. The cost for adults and children not attending a Burke County Public School program is \$3. Time is from 3:30pm-5pm. Enrichment activities are offered from 4-4:30pm. For more information call 828-439-4318 or visit www.burke.k12.nc.us/



Healthy Smiles



The American Dental Association recommends cleaning your child's teeth early — as soon as the first tooth appears. Begin cleaning by wiping with a clean, damp cloth every day as part of a daily routine.

To keep a healthy smile, here are some tips:

- Supervise your children's brushings
- Use the right amount of fluoride toothpaste (the size of a pea for children age 6 or younger)
- Choose water or milk instead of drinks with added sugar
- Visit the dentist for a cleaning every 6 months
- Talk to your child's dentist if you have any concerns
- Avoid giving your child candy, sodas, or sugary drinks to prevent cavities
- Brush your child's teeth at least twice a day

