



Burke Early Head Start December 2015 Newsletter

Early Head Start Program Mission:

- To enhance the growth and development of young children
- To support and strengthen healthy family development and well-being
- To promote healthy prenatal outcomes for women who are pregnant
- To serve children with disabilities and their families

Contact Information:

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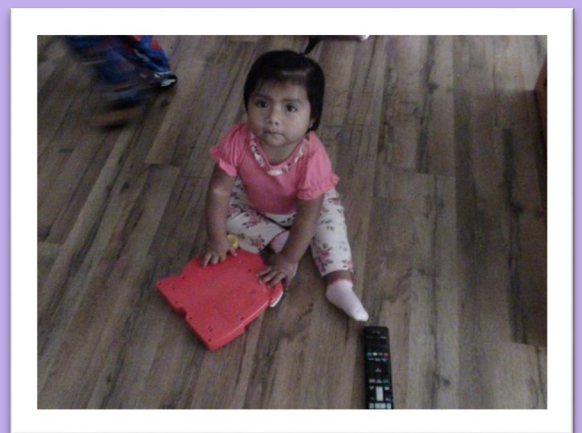
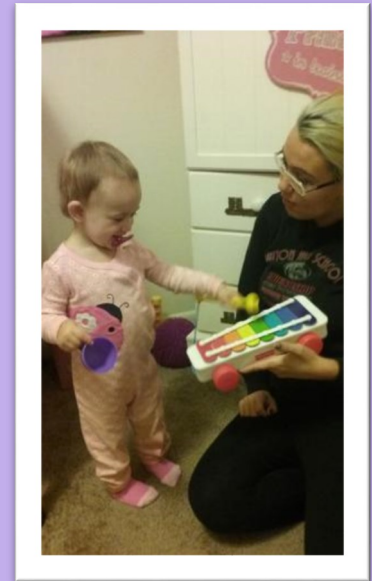
www.enolagroup.org

Facebook: Early Head Start of Burke, The Enola Group

Legacy begins at Early Head Start

What is Legacy?

Legacy is regular group meetings of mothers, including mother-only time and mother-child time in groups. The main purpose of these meetings is to provide mothers with an opportunity to develop and explore goals for their children with other mothers in similar circumstances. Burke Early Head Start is excited to be a part of this experience for mothers and their children. Kathy Childs, Burke In Home Educator leads the group each Thursday.



Reminder!

Men Zone Meeting

December 17 th,

6:00-7:30 pm

Burke Family Resource
Center

Learn more about Legacy at.....

<http://www.cdc.gov/ncbddd/childdevelopment/legacy.html>

The holidays are a magical time for young children to explore. Homes are filled with items that can be gathered together for children to investigate. Below is an easy idea to encourage safe play with exciting objects in the home.

Create a sensory bin

A sensory bin is a container that holds items that children can safely explore with their senses.

- Seeing
- Hearing
- Touch
- Smelling
- Taste



Items to add:

- Box (of any kind)
- Clean empty plastic bottles or cans
- Soft stockings or socks
- Shiny ribbon or bows
- Jingle bells (Place them inside a small bottle and seal the lid to prevent choking)
- Empty spice or flavor containers (vanilla, peppermint, nutmeg, cinnamon)

**Tip- add a few drops of scented oil or seasoning to a cotton ball and place in a plastic bottle for children to smell!*

Language and Literacy Corner

Ask questions as you play with your child such as....

Which one do you like?

How many “ribbons” do you have?

What do you hear when you shake the box?

How do you use ribbons?

